

90974

(Pages : 3)

Name.....

67

Reg. No.....

FIFTH SEMESTER B.Sc. DEGREE EXAMINATION, NOVEMBER 2015

(U.G.—CCSS)

Core Course

PS 5B 03—BASICS OF COUNSELLING PSYCHOLOGY

Three Hours

Maximum : 30 Weightage

Section A

Answer all objective type questions.

Each question carries a ¼ weightage.

Choose the correct answers :

1. Counselling is a process of ——— The client.
 - (a) Encouraging.
 - (b) Enhancing.
 - (c) Empowering.
 - (d) None of these.
2. The ability of a counselor to get into the shoes of another person is known as :
 - (a) Sympathy.
 - (b) Empathy.
 - (c) Apathy.
 - (d) None of these.
3. Restating what the counselee has said :
 - (a) Summarizing.
 - (b) Active listening.
 - (c) Paraphrasing.
 - (d) Confrontation.
4. The first stage of counseling is :
 - (a) Establishing rapport.
 - (b) Exploration.
 - (c) Analysis.
 - (d) Action.

Fill in the blanks :

5. Release of pent up emotion is known as ———.
6. The id acts according to the ——— Principle.
7. ——— ended questions were used to collect specific information.
8. ——— refers to group activities that focus on providing information through a planned and organized group activity.

Turn over

Answer in a single word :

9. The interaction between two individuals which takes place in a professional setting.
10. The assistance given to individuals in making intelligent choices and adjustment.
11. The study of problems of normal people and the prevention of the incidence of serious emotional difficulties.
12. The willingness to let another person know about what we think or feel or work.

(12 × ¼ = 3 weight)

Section B

Answer all short answer questions.

Each question carries 1 weightage.

13. Genuineness.
14. Purpose of counselling.
15. Educational guidance.
16. Personal guidance.
17. Guidance group.
18. Reflection of feelings.
19. Multiple counselling.
20. Structured interview.
21. Stress management.

(9 × 1 = 9 weight)

Section C

Answer any five short essay questions.

Each question carries 2 weightage.

22. Goals of counselling.
23. Group guidance.
24. Application of group counselling.
25. Counselling interview.
26. Adolescent counselling.

27. Counselling for alcoholics.
28. Current trends in counselling.

(5 × 2 = 10 weightage)

Section D

*Answer any two essay questions.
Each question carries 4 weightage.*

29. Define counselling and describe the ethical aspects of counselling in India ?
30. What is the need of guidance ? Discuss the characteristics and goals of guidance ?
31. What is meant by group counselling ? Narrate the methods of group counselling ?

(2 × 4 = 8 weightage)