

**19P332**

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Name.....

Reg. No.....

**THIRD SEMESTER M.Sc. DEGREE EXAMINATION, NOVEMBER 2020**

(CUCSS-PG)

**CC19P CPY3 C12 - COUNSELLING PSYCHOLOGY**

(Clinical Psychology)

(2019 Admission Regular)

Time: Three Hours

Maximum: 30 Weightage

**PART – A**

Answer any *four* questions. Each question carries 2 weightage.

1. Existential approaches in counselling
2. Distinction between counselling and psychotherapy
3. Counselling skills
4. Counselling and spirituality
5. JPMR
6. Self-disclosure
7. Yoga relaxation

**(4 x 2 = 8 Weightage)**

**PART – B**

Answer any *four* questions. Each question carries 3 weightage.

8. Behavioural techniques used in counselling
9. Characteristics of a helping relationship
10. Client centered approach in counseling
11. Explain Biofeedback Technique
12. Professional issues in counseling
13. Counselling elderly populations
14. Steps in counselling procedure

**(4 x 3 = 12 Weightage)**

**PART – C**

Answer any *two* questions. Each question carries 5 weightage.

15. Explain the various behavioural theories of counselling
16. Elucidate group counseling
17. Describe various action strategies used in a counselling procedure
18. Briefly describe various relaxation techniques used in counselling

**(2 x 5 = 10 Weightage)**

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