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Name.....

Reg. No.....

THIRD SEMESTER M.Sc. DEGREE EXAMINATION, NOVEMBER 2020

(CBCSS-PG)

CC19P CPY3 C13 - PSYCHOTHERAPEUTICS - 2

(Clinical Psychology)

(2019 Admission Regular)

Time : Three Hours

Maximum : 30 Weightage

PART - A

Answer any *four* questions. Each question carries 2 weightage.

1. Graded Exposure.
2. Shaping.
3. Meditation.
4. Interpersonal therapy.
5. Covert sensitization.
6. Aversion Therapy.
7. Stimulus discrimination.

(4 x 2 = 8 Weightage)

PART - B

Answer any *four* questions. Each question carries 3 weightage.

8. Assertiveness training and its application.
9. Crisis intervention therapy.
10. Systematic desensitization.
11. Biofeedback techniques.
12. Ethical issues in psychotherapy.
13. Modelling techniques.
14. Principles of behaviour therapy.

(4 x 3 = 12 Weightage)

PART - C

Answer any *two* questions. Each question carries 5 weightage.

15. Explain in detail the Behavior modification techniques.
16. Explain reinforcement and how it can be applied in contingency management.
17. With a suitable example, explain how relaxation techniques can be used in the treatment of disorders.
18. Give an account of the chief assumptions of Dialectical Behavior Therapy and its various techniques.

(2 x 5 = 10 Weightage)
