18P432	(Pages: 2)	Name:
		Reg. No

FOURTH SEMESTER M.S.W. DEGREE EXAMINATION, APRIL 2020 (CUCSS-PG)

CC18P SW4 E1 21 - THERAPEUTIC APPROACHES IN MEDICAL AND PSYCHIATRIC SETTINGS

Social Work

(2018 Admission - Regular)

Time: Three Hours Maximum: 36 Weightage

Part -I

Describe the following briefly not exceeding 50 words. Each question carries 1 Weightage.

- 1. Reality therapy.
- 2. RET
- 3. Psychoanalysis.
- 4. Aversion therapy.
- 5. Yoga.
- 6. Carl Rogers.
- 7. Gestalt therapy.
- 8. Crisis Intervention.
- 9. Couple therapy.
- 10. Observational learning.

 $(10 \times 1 = 10 \text{ Weightage})$

Part II

Answer any *six* questions in not exceeding 300 words. Each question carries 3 weightage

- 11. Substantiate the significance of Response prevention therapy in psychiatric setting.
- 12. Explain the features and process of Person Centered Approach.
- 13. Distinguish between Art therapy and Music therapy.
- 14. Write a note on Mindfulness based stress reduction and its efficacy.
- 15. Discuss the relevance of Motivational enhancement therapy
- 16. Evaluate the importance of Neuro linguistic programming.
- 17. Write in detail about solution focused therapy and its process.

- 18. Explain about the usage of Systematic desensitization among patients.
- 19. Explain about Behavior therapy and techniques in Classical conditioning and Operant conditioning.

 $(6 \times 3 = 18 \text{ Weightage})$

Part III

Write an essay on any *two* questions not exceeding 800 words. Each question carries 4 weightage.

- 20. What do you mean by Transactional Analysis? Explain its Key concepts, techniques and its significance.
- 21. Discuss about various therapeutic approaches applicable in health setting.
- 22. Explain about Family therapy and elaborate its types with its significance in social work practice in India.
- 23. Define Psychotherapy its scope and types with examples.

 $(2 \times 4 = 8 \text{ Weightage})$
