

**18U452**

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Name: .....

Reg. No.....

**FOURTH SEMESTER B.S.W. DEGREE EXAMINATION, APRIL 2020**

(CUCBCSS-UG)

**CC17U PSY3 C06 & CC17U PSY4 C06 –**

**LIFESPAN DEVELOPMENT & HEALTH PSYCHOLOGY**

(Complementary Course)

(2017 Admission onwards)

Time: Three Hours

Maximum: 80 Marks

**Section A**

(Choose the correct answer from questions given. All questions carry equal marks)

**PART – I**

1. Who developed Behaviorism?  
a) J. B. Watson      b) Sigmund Freud      c) William Wundt      d) Charles Darwin
2. Piaget was a theorist who was most interested in .....  
a) Self-esteem development  
b) Motivation theory  
c) Intelligence and thought process development  
d) Humanistic development patterns
3. Which period lasts from conception to implantation of the zygote (fertilized egg) in the lining of the uterus?  
a) Germinal Period      b) Fetal Period  
c) Embryonic period      d) prenatal period
4. The first stage of human development .....  
a) Childhood      b) Infancy      c) Adolescence      d) Middle age
5. Who developed Psychoanalytical theory of development?  
a) Sigmund Freud      b) Charles Darwin      c) J.B Watson      d) Albert Bandura
6. .... is the process by which children come to understand and communicate language during early childhood?  
a) Emotional development      b) Language development  
c) Social development      d) Cognitive development

**(6 x 1/2 = 3 Marks)**

(1)

**Turn Over**

PART II

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- 7. .... means examination of one's own thoughts and feelings.  
a) Introspection      b) Emotion      c) Health      d) Intelligent
- 8. Who developed General Adaptation Syndrome?  
a) Hans Seyle      b) Icek Ajzen      c) Taylor E. S.      d) Hochbaum
- 9. Which model defines that disease or illness as a result of exposure to specific pathogen?  
a) Health Belief Model      b) Bio- medical model  
c) Bio-Psychosocial model      d) Holistic Model
- 10. Who created Attribution theory?  
a) Fritz Heider      b) Sigmund Freud      c) Carl Rogers      d) Abraham Maslow
- 11. Which of the following is unlikely to underpin any health psychology intervention?  
a) Theory of planned behavior      b) Health action process  
c) Health attitude theory      d) Social Cognition theory
- 12. .... is the period of grieving following the death of someone close such as a family member or friends?  
a) Bereavement      b) Temperament      c) Stress      d) Physical illness

(6 x 1/2 = 3 Marks)

Section B

(Write very short answers for the following. Answer any 5 from each part.)

Part I

- 13. Germinal Period.
- 14. Temperament.
- 15. Semantic development.
- 16. Post-Partum Period.
- 17. Concrete operational Stage.
- 18. Embryonic Period.

(5 x 2 = 10 Marks)

Part II

- 19. Health Psychology.
- 20. Biomedical Model.
- 21. Fight- Flight
- 22. Attribution theory.
- 23. Health Belief Model.
- 24. Mind.

(5 x 2 = 10 Marks)

Section C

(Write short essay on the following questions. Answer any three from each part.)

Part I

- 25. Define perceptual development in infancy.
- 26. Explain the Schaie's Model of Cognitive Development.
- 27. Explain different types of Birth process.
- 28. What are the four stages of development?

(3 x 5 = 15 Marks)

Part II

- 29. Write a note on Health Belief Model.
- 30. Write a short note on Selye's General Adaptation Syndrome.
- 31. Explain the need and significance of Health Psychology.
- 32. Describe theory of planned behavior.

(3 x 5 = 15 Marks)

Section D

(Prepare an essay on any one of the following. Any one question from each part)

Part I

- 33. Write an essay on different theories of Development.
- 34. Write an essay on physical and cognitive development of Adolescents.

(1 x 12 = 12 Marks)

Part II

- 35. Explain different theories related to Health behaviours.
- 36. Write an essay on psychosocial issues and emotional response to chronic illness.

(1 x 12 = 12 Marks)

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