

**20P332**

(Pages: 1)

Name.....

Reg. No.....

**THIRD SEMESTER M.Sc. DEGREE EXAMINATION, NOVEMBER 2021**

(CBCSS-PG)

(Regular/Supplementary/Improvement)

**CC19P CPY3 C12 - COUNSELLING PSYCHOLOGY**

(Clinical Psychology)

(2019 Admission onwards)

Time: Three Hours

Maximum: 30 Weightage

**PART – A**

Answer any *four* questions. Each question carries 2 weightage.

1. Community counselling.
2. Decision – making.
3. Eclectic approaches in counselling.
4. Advanced empathy.
5. Goals of counselling.
6. Transcendental meditation.
7. EEG

**(4 × 2 = 8 Weightage)**

**PART – B**

Answer any *four* questions. Each question carries 3 weightage.

8. Historical and professional foundations of counselling
9. Problem solving strategies
10. Principles and procedures of Group counseling
11. Describe briefly Guided Somato psychic Relaxation
12. Role of testing and assessment in counseling
13. Ethical and Legal aspects of counselling
14. Characteristics of an Effective counselling relationship

**(4 × 3 = 12 Weightage)**

**PART – C**

Answer any *two* questions. Each question carries 5 weightage.

15. Role of relaxation in counseling. Explain in detail Jacobson's Progressive Muscular Relaxation
16. Elucidate marriage counseling, couple counseling and family counseling
17. Explain in detail the cognitive theories of counselling
18. Explain the stages in a counselling process

**(2 × 5 = 10 Weightage)**

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