

20P233

(Pages: 1)

Name.....

Reg. No.....

SECOND SEMESTER M.Sc. DEGREE EXAMINATION, APRIL 2021

(CUCSS – PG)

(Regular/Supplementary/Improvement)

CC19P CPY2 C10 – PSYCHOTHERAPEUTICS – I

(Clinical Psychology)

(2019 Admission onwards)

Time: Three Hours

Maximum: 30 Weightage

PART-A

Answer any *four* questions. Each question carries 2 weightage.

1. Contingency management.
2. Stress inoculation therapy.
3. Functional analysis.
4. Response shaping.
5. Commitment therapy.
6. Transference.
7. Brief dynamic therapy.

(4 × 2 = 8 Weightage)

PART - B

Answer any *four* questions. Each question carries 3 weightage.

8. Cognitive Behaviour therapy.
9. Grief therapy.
10. Psychodrama.
11. Rational Emotive Behaviour therapy.
12. Logotherapy.
13. Group therapy.
14. Mindfulness based therapies.

(4 × 3 = 12 Weightage)

PART - C

Answer any *two* questions. Each question carries 5 weightage.

15. Explain the cognitive view of psychopathology and the process involved in cognitive therapy.
16. Explain Family therapy, and discuss the theories involved in family therapy.
17. Briefly explain the Behaviour modification techniques.
18. Give a brief account of the basic elements in clinical assessment.

(2 × 5 = 10 Weightage)
