

20P245

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Name.....

Reg. No.....

SECOND SEMESTER M.S.W. DEGREE EXAMINATION, APRIL 2021

(CUCSS - PG)

CC19P SOW2 C10 - THEORY AND PRACTICE OF COUNSELLING

(Social Work)

(2019 Admissions: Regular)

Time: Three Hours

Maximum: 30 Weightage

Part 1

Answer any *four* questions. Each question carries 2 weightage.

Answer to each question should not exceed 100 words.

1. Differences and similarities between the counselling & social case work.
2. What is the core relationship qualities required for a counsellor?
3. What is the difference between individual and group counselling?
4. Explain the pre and post Test counselling of an effective counsellor.
5. Write down the uses of eclectic approach in counselling.
6. A brief note on crisis and trauma counselling with examples.
7. Write down the code of ethics in counselling.

(4 × 2 = 8 Weightage)

Part II

Answer any *four* questions. Each question carries 3 weightage.

Answer to each question should not exceed 300 words.

8. The significance of counselling for substance abuse and addiction with examples
9. How to manage stress with mindfulness?
10. Explain contracting, reflecting feelings and challenging skills of counselling
11. Essential counselling skills required in each stages of counselling.
12. The relevance of questioning, clarification, physical attending in counseling.
13. Elaborate strengths based approach in counselling practice
14. Write down the need of counselling services for children and adolescents

(4 × 3 = 12 Weightage)

Part III

Answer any *two* questions. Each question carries 5 weightage.

Answer to each question should not exceed 800 words.

15. Explain the stages of counselling using a case with anxiety due to the spread of any disease

16. Elucidate the application of any four theoretical and therapeutic approaches in counselling practice
17. Give details on the counselling practices in any four settings with appropriate examples
18. The need and scope of counselling in today's society

(2 × 5 = 10 Weightage)
