

18BP41

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Name:

Reg. No:

FOURTH YEAR B.P.Ed. (INTEGRATED) DEGREE EXAMINATIONS, APRIL 2022

(Regular/Supplementary/Improvement)

CC15U BPE4 T17 – CORRECTIVE PHYSICAL EDUCATION

(2015 Admission onwards)

Time: Three Hours

Maximum: 75 Marks

I. Answer any *one* of the following:

1. Describe corrective physical education. Explain history and objectives.

Or

2. Define massage? Explain the effects of massage.

(1 × 15 = 15 Marks)

II. Explain the following:

3. Somato types.

4. IOWA posture test.

5. New York posture rating test.

(3 × 5 = 15 Marks)

III. Write short note on:

6. Aqua therapy.

7. Importance of relaxation.

8. Active and passive movements.

(3 × 5 = 15 Marks)

IV. Fill in the blanks:

9. If _____ are free from tension are said to be relaxed.

10. _____ is the movement done by patient himself.

11. The sideways curvature of the spine is called _____

12. _____ is an application of a succession of soft blows to the body by various parts of hand.

13. _____ is a linear movement of hand, over the external surface of the body.

(5 × 1 = 5 Marks)

V. State true or false:

14. In petrissage the tissue are grasped and lifted away from the under lying structure.

15. Kyphosis is a postural deformity in which lumbar spine bends in front beyond normal.

16. Endomorphs are Athletic, Solid and strong.

17. In Knock knee legs are bend inward and knees strike each other.

18. Shaking is a pressure manipulation.

(5 × 1 = 5 Marks)

VI. Answer in one word:

19. Process of passively taking a muscle to the point of tension.

20. What is known as the pressure manipulation techniques?

21. Name the outer most layer of the skin.

22. Tapotement promotes the production of _____

23. In _____ there is no changes in length of muscles.

24. The movement which is performed with the help of external force.

25. Genu recurvature is called.

26. Mesomorphs are _____ type.

27. Therapy performed in water is called.

28. Lying on the back of human body is _____

(10 × 1 = 10 Marks)

VII. Match the following:

- | | | |
|---------------------|---|--------------------|
| 29. Knock knee | - | Deep pressure |
| 30. Cryotherapy | - | Ectomorph |
| 31. Tens | - | Outward curvature |
| 32. Bow leg | - | Ice therapy |
| 33. Higher body fat | - | Circular direction |
| 34. Vibration | - | bouncing or jerky |
| 35. Long and lean | - | Obesity |
| 36. Ballistic | - | Rhythmic shaking |
| 37. Kneading | - | Genu valgum |
| 38. Friction | - | Electro therapy |

(10 × 1 = 10 Marks)
