

22P234

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Name:

Reg.No:

SECOND SEMESTER M.Sc. DEGREE EXAMINATION, APRIL 2023

(CBCSS - PG)

CC22P CPY2 C08 - COUNSELLING PSYCHOLOGY

(Clinical Psychology)

(2022 Admission - Regular)

Time : 3 Hours

Maximum : 30 Weightage

Part-A

Answer any *four* questions. Each question carries 2 weightage.

1. Explain psychotherapy.
2. Explain Counselling process and methods.
3. Describe initial counseling Interview and counselling skills.
4. Explain building counseling relationships and working in a counselling relationships.
5. Describe Counselling In Aged Populations and gender based counselling.
6. Describe group counselling.
7. Discuss Testing, assessment and diagnosis in counselling.

(4 × 2 = 8 Weightage)

Part-B

Answer any *four* questions. Each question carries 3 weightage.

8. Describe action strategies.
9. Discuss Working in a counseling relationships.
10. Explain behavioral, cognitive and client centered approaches in counselling.
11. Explain Marriage, couple and family counseling.
12. Discuss Role of relaxation in counseling and GSPR.
13. Describe Yoga relaxation techniques.
14. Explain Ethical and Legal Aspects of counselling.

(4 × 3 = 12 Weightage)

Part-C

Answer any *two* questions. Each question carries 5 weightage.

15. Explain counselling and History of counselling.

16. Explain Characteristics of a helping relationship and Characteristics of an effective counselling relationships.
17. Explain Counselling Procedure and advanced empathy, self-disclosure and Interpretation.
18. Explain building ,working and termination of counselling relationships.

(2 × 5 = 10 Weightage)
