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Name:

Reg. No:

SECOND YEAR B.P.Ed. (INTEGRATED) DEGREE EXAMINATION, APRIL 2024

(Regular/Supplementary/Improvement)

CC15U BPE2 T6 / CC19U BPE2 T6 – TEACHING METHODS IN PHYSICAL EDUCATION

(2015 Admission onwards)

Time: Three Hours

Maximum: 75 Marks

Answer any *three* questions from **Part –A**.

Any *one* question from **Part–B**. Question from **Part–C** is Compulsory.

Part – A

1. What are the basic and modern traits of teaching? Differences in class room teaching and teaching on the ground.

(1 × 15 = 15 Marks)

2. (A) Name the following:

- (a) Need of feedback in learning?
- (b) The runway length of a long jump?
- (c) The angle of a javelin sector?
- (d) What is mean by “Bye” in sports.
- (e) What is mean by “special seeding”?

(5 × 1 = 5 Marks)

- (B) Match the following:

- (a) Adolescence - 2 to 6 years.
- (b) Infancy - 6 to 14 years.
- (c) Early childhood - Above 19 years.
- (d) Adult - 2 to 6 years.
- (e) Late childhood - 0 to 2 years.

(5 × 1 = 5 Marks)

- (C) Fill in the blanks:

- (a) The motivation from within of an individual is called _____ motivation.
- (b) “Plasticine board” is used in _____ event.
- (c) Sports psychology means _____
- (d) Hitch kick method is executed by _____ jumper.
- (e) Lead up activities performed in _____ lesson plan.

(5 × 1 = 5 Marks)

3. Explain the following:
- a) What is teaching and coaching lesson plans in physical education?
 - b) Distinguish a physical education teacher and a coach.
 - c) Differentiate intramural and extramural competitions.
- (3 × 5 = 15 Marks)**
4. Briefly explain the following:
- a) Briefly explain Importance and objectivities, various facets of lesson plan?
 - b) Importance of audio – visual aids in learning.
 - c) Qualities of an ideal and successful teacher.
- (3 × 5 = 15 Marks)**
5. Write short notes on:
- a) Imitation methods
 - b) Steps in teaching motor skills
 - c) Pre requisites of teaching a lesson plan.
- (3 × 5 = 15 Marks)**

Part – B

6. Explain the special problems of the female athletes. Organization and conduct of competition.
7. Draw a knockout fixture of 23 teams with four seeding.
- (1 × 15 = 15 Marks)**

Part – C

8. Write Short notes on any *five* of the following:
- a) General lesson plan.
 - b) Minor games.
 - c) Intramurals.
 - d) Motivation.
 - e) knock-out tournaments.
 - f) Dimensions of a shuttle badminton court.
 - g) Calisthenic exercises.
 - h) At will method.
- (5 × 3 = 15 Marks)**
