22BP23   (Pages: 2)   Name: ………………………

Reg. No: ……………………

SECOND YEAR B.P.Ed. (INTEGRATED) DEGREE EXAMINATION, APRIL 2024

(Regular/Supplementary/Improvement)

CC15U BPE2 T8 / CC19U BPE2 T8 – FOUNDATION OF PHYSICAL EDUCATION

(2015 Admission onwards)

Time: Three Hours   Maximum: 75 Marks

Answer any *three* questions from **Part –A.**

Any *one* question from **Part-B.** Question from **Part C** is Compulsory

PART A

1. Describe the Meaning, Aim and Objectives of Physical Education?

(1 × 15 = 15 Marks)

2. (A) Match the following:

    a) Thorondike   -   Naturalism

    b) Aristotle   -   Trial and error method

    c) Pavlov   -   Cognitive theory

    d) Rousseau   -   Conditioned reflex theory

    c) Kohler   -   Realism

(5 × 1 = 5 Marks)

   (B) Fill in the Blanks:

    a) _____ body type are known as athletic type.

    b) Gandhism teaches the philosophy of _____

    c) _____ is the author of Idealism.

    d) _____ period between 10 to 19 years.

    e) _____ philosophy says that reality is determined by individual life experiences.

(5 × 1 = 5 Marks)

   (C) State whether the following statements are True or False:

    a) Anatomical age refers to the growth and development of the skeletal system

    b) Chronological age means the age of a person recorded in years months and days.

    c) Ectomorph body type people have large round head with broad face

    d) Aristotle is the author of Naturalism.

    e) Realism says that reality is determined by individual experiences**.**

(5 × 1 = 5 Marks)

3. Briefly explain the following:

   a) Scope of Physical Education.

   b) Idealism.

   c) Recreation.

   (3 × 5 = 15 Marks)

4. Describe the following:

   a) Body types (Sheldon's classification).

   b) Growth and Development.

   c) Sex differences.

   (3 × 5 = 15 Marks)

5. Write short notes on:

   a) Anatomical and mental age.

   b) Any two theories of play.

   c) Existentialism.

   (3 × 5 = 15 Marks)

PART B

6. Discuss the contributions made by educational philosophers Aristotle and Plato.

   (1 × 15 = 15 Marks)

7. Describe the following:

   a) Individual differences.

   b) Role of physical Education in social problems.

   c) Professional preparation in Leadership.

   (3 × 5 = 15 Marks)

PART C

8. Write short notes on any *five* of the following:

   a) Naturalism.

   b) Pragmatism.

   c) Wellness.

   d) Laws of learning.

   e) Socialization.

   f) Biped position.

   g) Objectives of Physical education.

   h) Laws of Learning.

   (5 × 3 = 15 Marks)

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