

22BP24

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Name:

Reg. No:

SECOND YEAR B.P.Ed. (INTEGRATED) DEGREE EXAMINATION, APRIL 2024

(Regular/Supplementary/Improvement)

CC15U BPE2 T9 / CC19U BPE2 T9 - EDUCATIONAL AND SPORTS PSYCHOLOGY

(2015 Admission onwards)

Time: Three Hours

Maximum: 75 Marks

Answer any *three* questions from **Part –A.**

Any *one* question from **Part-B.** Question from **Part C** is Compulsory

PART A

1. What is the definition of psychology and sports psychology, and what is its nature as a science?

(1 × 15 = 15 Marks)

2. (A) Expand or complete the following:

- a. Ivan Pavlov- Conditioned reflex, Trial & Error _____
- b. Cognition- Acquiring & storing, Direction & regulation _____
- c. Infancy- 0 to12 months, 13 to 19 years _____
- d. ISSP
- e. _____, Need & Motive.

(5 × 1 = 5 Marks)

(B) Match the following:

- | | |
|-----------------------------|---|
| a. Sport psychology | - How people think, remember, and process information |
| b. Developmental psychology | - Performance in sports and athletic activities |
| c. Clinical psychology | - Influence of social interactions and relationships |
| d. Cognitive psychology | - Behaviour and mental processes across the lifespan |
| e. Social psychology | - Mental, emotional, and behavioural disorders |

(5 × 1 = 5 Marks)

(C) Fill in the blanks:

- a. According to the concept of mind, _____ refers to the mental process of acquiring, processing, and using information.
- b. Learning is the _____ change in behavior or mental processes that results from experience.
- c. _____ motivation refers to the drive to perform a behavior for its own sake, rather than for any external reward or incentive.
- d. The _____ approach to personality emphasizes the role of unconscious processes and childhood experiences in shaping behavior and mental processes.
- e. _____ is the process by which individuals in a group work together to achieve common goals or objectives?

(5 × 1 = 5 Marks)

3. Write brief notes on the following:
- Different branches of psychology.
 - Concept of mind.
 - Personality trait of sports person.

(3 × 5 = 15 Marks)

4. Explain the following:
- Drive, need and motive.
 - Conditioned reflex.
 - Factors affecting growth.

(3 × 5 = 15 Marks)

5. Describe the following:
- Sub-consciousness & Super-consciousness.
 - Characteristics of learning curve.
 - Meaning of motivation.

(3 × 5 = 15 Marks)

PART B

6. Explain the general principles and different stages of growth and development.

(1 × 15 = 15 Marks)

7. Write a brief note on:
- Trial and error method.
 - Factors affecting personality development.
 - Need and importance of guidance.

(3 × 5 = 15 Marks)

PART C

8. Write short notes on any *five* of the following:
- Team cohesion.
 - Acquired motives.
 - Case study.
 - Laws of learning.
 - Incentive motivation.
 - Counselling.
 - Transfer of learning.
 - Leadership.

(5 × 3 = 15 Marks)
