22BP25	(Pages: 3)	Name :
		Reg No:

SECOND YEAR B.P.Ed. (INTEGRATED) DEGREE EXAMINATION, APRIL 2024

(Regular/Supplementary/Improvement)

CC15U BPE2 T10 / CC19U BPE2 T10 – FIRST AID AND SAFETY EDUCATION AND LIFE SKILL EDUCATION

(2015 Admission onwards)

Time: Three Hours

Maximum: 75 Marks

Answer any *three* questions from **Part** –**A.**Any *one* question from **Part-B.** Question from **Part** C is Compulsory.

PART – A

1. Define Fracture. Explain its Types and Management.

 $(1 \times 15 = 15 \text{ Marks})$

- 2. A. Choose the Correct answer:
 - I. What is the correct sequence for the Primary Survey?
 - a) Damage, Response, Airway, Breathing
 - b) Danger, Response, Airway, Breathing
 - c) Danger, Reply, Artery, Breathing
 - d) Danger, Response, Advice, Back
 - II. What cause Anaphylactic Shock?
 - a) Chocking
 - b) Insert Sting or Spider Bites
 - c) 3rd Degree Burn
 - d) Heart Attack
 - III. A greenstick fracture:
 - a) The entire bone is broken through and through.
 - b) Only one side of the bone is broken and the bone is bent.
 - c) The bone is broken in to multiple pieces.
 - d) None of the above.
 - IV. Write the full form of CPR?
 - a) Cardio pulmonary rescue.
 - b) Cardiac pulmonary rescue.
 - c) Cardio pulmonary resuscitation.
 - d) Cardiac pressure rescue.

(1) Turn Over

- V. After someone has fainted what position should they be in to aid recovery?
 - a) Lay flat
 - b) Lay down with legs raised
 - c) Sit in chair
 - d) Stand upright

 $(5 \times 1 = 5 \text{ Marks})$

- B. State weather the following statements are true or false:
 - I. Shock may result from internal bleeding?
 - II. You should treat a sprain or strain by putting moist heat on it right away?
 - III. Fracture patterns in children are similar to that of adults.
 - IV. The first thing you should do when you get a wound is rinse it with water and then bandage it?
 - V. To take care of a nosebleed you need to start CPR.

 $(5 \times 1 = 5 \text{ Marks})$

- C. Match the Following:
 - i. Oblique Fracture a) This type of fracture has an angled pattern.
 - ii. Pathological fracture b) occurs when an underlying condition weakens the bone
 - iii. Intra-articular fracture c) The bone breaks into several pieces.
 - iv. Avulsion fracture d) A muscle or ligament pulls on the bone fracturing it
 - v. Linear Fracture: e) The break is parallel to the bone's long axis
 - f) Occurs when a fracture extends into the surface of a joint.

 $(5 \times 1 = 5 \text{ Marks})$

- 3. Discuss briefly:
 - a) Principles of First Aid.
 - b) Types of Bandages, procedure of applying Bandages.
 - c) CPR.

 $(3 \times 5 = 15 \text{ Marks})$

- 4. Write notes about the followings:
 - a) What are the safety to be followed at Gymnasium?
 - b) Briefly elaborate about safety education.
 - c) Wounds, Type and Management.

 $(3 \times 5 = 15 \text{ Marks})$

- 5. Explain briefly:
 - a) Natural disasters.
 - b) Sports for World Peace and International Understanding?
 - c) A Physical education teacher must have valid CPR certificate Justify your answer.

 $(3 \times 5 = 15 \text{ Marks})$

22BP25

PART - B

6. What are the Safety Precautions in Playfield and Swimming Pool?

 $(1 \times 15 = 15 \text{ Marks})$

- **7.** Write about the first aid procedure for:
 - a) Contusion and Abrasion.
 - b) First aid for Drowning.
 - c) Electric shock and Sprain.

 $(3 \times 5 = 15 \text{ Marks})$

PART – C

- 8. Answer shortly on any *five* of the followings:
 - a) PRICER
 - b) First Aid Kid.
 - c) Yoga for meditation and relaxation.
 - d) Defibrillator.
 - e) Traffic Safety.
 - f) Sports and Socialization.
 - g) Blisters.
 - h) Character building through sports participation.

 $(5 \times 3 = 15 \text{ Marks})$
