

21BP32

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Name:

Reg. No:

THIRD YEAR B.P.Ed. (INTEGRATED) DEGREE EXAMINATION, APRIL 2024

(Regular/Supplementary/Improvement)

CC15U BPE3 T13 / CC19U BPE3 T13 – HEALTH EDUCATION

(2015 Admissions onwards)

Time: Three Hours

Maximum: 75 Marks

Answer any *three* questions from **Part –A.**

Any *one* question from **Part-B.** Question from **Part C** is Compulsory.

PART- A

1. What is proximate Principle? Explain the classification of food.
2. What is epidemiological triad? Explain disease cycle.
3. What is the importance of rest, sleep and exercise in personal care?
4. If heredity is the seed, environment is the fertilizer. Explain.
5. Explain about the modern sewage treatment method.

(3 × 15 = 45 Marks)

PART –B

6. Write short notes on:
 - a. Balanced diet.
 - b. National Health organizations.
 - c. Various sources of clean water supply.

(3 × 5 = 15 Marks)

7. Explain briefly:
 - a. Any five principles of health education.
 - b. Practice of Health Education.
 - c. Health sickness spectrum.

(3 × 5 = 15 Marks)

PART-C

8. Write short notes on any *five* of the following:
 - a. Health appraisal.
 - b. Food pyramid.
 - c. First aid for fracture.
 - d. Safety measures to be ensured at play fields.

- e. Antigen and antibody.
- f. Water soluble vitamins.
- g. Define health and health education.

(5 × 3 = 15 Marks)
