

21BP35

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Name:

Reg. No:

THIRD YEAR B.P.Ed. (INTEGRATED) DEGREE EXAMINATION, APRIL 2024

(Regular/Supplementary/Improvement)

CC15U BPE3 T16 / CC19U BPE3 T16 – SPORTS MEDICINE

(2015 Admissions onwards)

Time: Three Hours

Maximum: 75 Marks

Answer any *three* questions from **Part –A**.
Any *one* question from **Part-B**. Question from **Part C** is Compulsory.

Part - A

1. Define Sports Medicine. Explain the aims and objectives of sports Medicine.
(1 × 15 = 15 Marks)
2. Briefly explain the following:
 - a. Acromioclavicular joint sprain.
 - b. Hypothermia.
 - c. Sunburn.(3 × 5 = 15 Marks)
3. Briefly explain the following:
 - a. Green stick fracture.
 - b. Traction.
 - c. Laceration.(3 × 5 = 15 Marks)
4. Briefly explain the following:
 - a. Tennis elbow- rehabilitation.
 - b. Prevention of low backache.
 - c. Rehabilitation of sprained ankle.(3 × 5 = 15 Marks)
5. Discuss physiological effects of heat and cold.
(1 × 15 = 15 Marks)

Part - B

6. Explain the special problems of the female athletes.
(1 × 15 = 15 Marks)

7. Explain the following:
- a. Explain pregame meals.
 - b. Explain cardiopulmonary resuscitation.
 - c. Explain emergency bandaging and splinting techniques.

(3 × 5 = 15 Marks)

Part – C

8. Write Short notes on any *five* of the following:
- a. Whirlpool.
 - b. Abrasions.
 - c. RADO
 - d. Rehabilitation.
 - e. Overuse injuries.
 - f. Dislocations.
 - g. TENS.
 - h. Blood Doping.

(5 × 3 = 15 Marks)
