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Name:..... Reg. No.....

FOURTH YEAR B.P.Ed. (INTEGRATED) DEGREE EXAMINATIONS, APRIL 2024 (Regular/Supplementary/Improvement)

CC15U BPESS4 T28 - HOCKEY

(Specialization Course)

(2015 Admission onwards)

Maximum: 75 Marks

Time: Three Hours

- I. Answer any one of the following:
 - 1. Write in detail the history of Hockey

Or

2. Draw a Hockey court with all specifications and mark the measurements. Including goalpost

$(1 \times 15 = 15 \text{ Marks})$

- II. Write short notes on:
 - 3. When the Umpire blows the Whistle
 - 4. Explain 4-2-4-1- system.
 - 5. Write the Terminology of "Push" and Techniques of Wrong Foot Push.

 $(3 \times 5 = 15 \text{ Marks})$

III. Explain the following:

- 6. Principles of defense.
- 7. Describe any two drills to improve the dribbling skill.
- 8. Explain "Tactics" and types of Tactics.

 $(3 \times 5 = 15 \text{ Marks})$

 $(5 \times 1 = 5 \text{ Mark})$

IV. Fill in the blanks:

- 9. Shape of Hockey ball is _____
- 10. Venue of the last World Cup is _____
- 11. Head quarter of FIH _____
- 12. The total weight of the stick must not exceed _____ grams.
- 13. Return pass is also known as _____
- V. State True or False:
 - 14. During penalty stroke time will not be stopped
 - 15. The field of play is spherical.

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- 16. Any Unintentional foul by the defender inside the D is Penalty Corner
- 17. 5-3-2-1 system is also known as the Pyramid system
- 18. The umpire can coach during the match
- VI. Write the answer in one word:
 - 19. Oldest hockey tournament in India
 - 20. Minimum suspension period of yellow card
 - 21. What is the height of the Hockey flag pole?
 - 22. Write the name of any-one women Arjuna Award Winner in Hockey.
 - 23. Present President of Hockey India
 - 24. How many substitutions can be given to a Goalkeeper during a match?
 - 25. The line in between the goalpost is known as.
 - 26. Grate wall of Indian Hockey
 - 27. The colour of the card using the Minimum duration of suspension during a match.
 - 28. Weight of the Hockey ball.

$(10 \times 1 = 10 \text{ Marks})$

VII. Match the following:

29. Radius of the D circle	(a) 300 mm
30. Height of the goal post	(b) 14.63mt
31. Type of cards in Hockey	(c) 224 mm
32. Height of the Backboard	(d) 45mm
33. Dhyan Chand Award	(e) 480 mm
34. Mesh size	(f) Krishan Bahadur Pathak
35. Dronacharya Award	(g) 3
36. Arjuna Award	(h) Vineeth Kumar Sharma
37. Width of Goal keeper's leg guard	(i) 2.14 mt
38. Minimum Circumference of the Ball	(j) Shivendra Singh

 $(10 \times 1 = 10 \text{ Marks})$

 $(5 \times 1 = 5 \text{ Marks})$
