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Name: .....

Reg.No: .....

**SECOND SEMESTER M.Sc. DEGREE EXAMINATION, APRIL 2024**

(CBCSS - PG)

(Regular/Supplementary/Improvement)

**CC22P CPY2 C08 - COUNSELLING PSYCHOLOGY**

(Psychology)

(2022 Admission onwards)

Time : 3 Hours

Maximum : 30 Weightage

**Part-A**

Answer any *four* questions. Each question carries 2 weightage.

1. Explain advanced empathy.
2. Explain CBT.
3. Discuss the self concept of Roger.
4. Discuss the applications of spirituality in counselling.
5. Explain rehabilitation counselling.
6. Describe transcendental meditation.
7. Evaluate the ethical and legal aspects of counselling.

**(4 × 2 = 8 Weightage)**

**Part-B**

Answer any *four* questions. Each question carries 3 weightage.

8. Explain counselling and detail about goals of counselling.
9. Discuss counselling process.
10. Explain existential counselling.
11. Discuss the issues concerned in counselling men and women.
12. Elaborate the importance of career counselling among youth.
13. Discuss the procedures involved in GSPR.
14. Discuss the process of assessment and diagnosis in counselling.

**(4 × 3 = 12 Weightage)**

**Part-C**

Answer any *two* questions. Each question carries 5 weightage.

15. Describe detailed about decision making and problem solving strategies.
16. Explain counselling and detailed about behavioural counselling.
17. Elaborate the processes involved in marriage, family and couple counselling.
18. Describe principles and procedures of group counselling.

**(2 × 5 = 10 Weightage)**

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