

22P431

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Name:

Reg.No:

FOURTH SEMESTER M.Sc. DEGREE EXAMINATION, APRIL 2024

(CBCSS - PG)

CC22P CPY4 C13 - PSYCHOTHERAPEUTICS - II

(Clinical Psychology)

(2022 Admission - Regular)

Time : 3 Hours

Maximum : 30 Weightage

Part-A

Answer any *four* questions. Each question carries 2 weightage.

1. Discuss about major theories of behaviour modification.
2. Explain the process of response prevention with example.
3. Explain the benefits of social skill training.
4. Explain the applications and limitations of modelling.
5. Discuss the role of meditation in improving mental well being.
6. Explain the process of cognitive therapy.
7. Evaluate stress inoculation new wave therapies.

(4 × 2 = 8 Weightage)

Part-B

Answer any *four* questions. Each question carries 3 weightage.

8. Explain the theory, principles and applications of operant conditioning.
9. Explain about the process and stages of systematic desensitization with example.
10. Discuss about the procedure of contingency management and its applications.
11. Describe the relaxation techniques, its applications and limitations.
12. Discuss about biofeedback techniques in behaviour therapy.
13. Discuss the tools used in clinical assessment.
14. Discuss the applications of mindfulness based therapies.

(4 × 3 = 12 Weightage)

Part-C

Answer any *two* questions. Each question carries 5 weightage.

15. Discuss the basic concepts, process and stages of behaviour therapy.

16. Describe about flooding, implosion and response prevention therapies.
17. Describe the process of aversion therapy.
18. Explain the process and applications of JPMR.

(2 × 5 = 10 Weightage)
