

**24P234**

(Pages: 2)

Name : .....

Reg. No : .....

**SECOND SEMESTER M.Sc. DEGREE EXAMINATION, APRIL 2025**

(CBCSS-PG)

(Regular/Supplementary/Improvement)

**CC22P CPY2 C08 - COUNSELLING PSYCHOLOGY**

(Clinical Psychology)

(2022 Admission onwards)

Time: 3 Hours

Maximum: 30 Weightage

**Part-A**

Answer any *four* questions. Each question carries 2 weightage.

1. Explain self disclosure and interpretation.
2. Explain termination relationship in counselling.
3. Explain CBT.
4. Discuss the major theories of counselling men and women.
5. Discuss different types of groups in counselling.
6. Evaluate the importance of applying JPMR in a counselling setting.
7. Evaluate the purpose of evaluation of counselling.

**(4 × 2 = 8 Weightage)**

**Part-B**

Answer any *four* questions. Each question carries 3 weightage.

8. Describe working and terminating relations.
9. Discuss counseling skills<sup>1</sup>.
10. Discuss working in a counseling.
11. Discuss the role of school counselor at various levels.
12. Discuss the scope of career counselling in the present scenario.
13. Elaborate bio -feedback relaxation and its applications.
14. Discuss the major ethical aspects of counselling.

**(4 × 3 = 12 Weightage)**

**Part-C**

Answer any *two* questions. Each question carries 5 weightage.

15. Explain about role playing and behavioural techniques in counseling.

16. Explain detailed about building- working-terminating counseling relationship.
17. Elaborate the processes involved in marriage, family and couple counselling.
18. Explain the challenges faced by a counsellor in abuse, disability and community counselling.

**(2 × 5 = 10 Weightage)**

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