

24P239

(Pages: 2)

Name :

Reg. No :

SECOND SEMESTER M.S.W. DEGREE EXAMINATION, APRIL 2025

(CBCSS-PG)

(Regular/Supplementary/Improvement)

CC19P SOW2 C10 - THEORY AND PRACTICE OF COUNSELLING

(Social Work)

(2019 Admission onwards)

Time: 3 Hours

Maximum: 30 Weightage

Part-A

Answer any *four* questions. Each question carries 2 weightage.

1. What is guidance and how is it similar to counselling?
2. What does exploring stage mean in counselling?
3. Illustrate the non verbal skills required for a counsellor.
4. Write a note on client centered therapy.
5. Demonstrate the ABC model.
6. Aims and objectives of family counselling.
7. Detoxification.

(4 × 2 = 8 Weightage)

Part-B

Answer any *four* questions. Each question carries 3 weightage.

8. Examine the need and scope of counselling in Kerala.
9. Detail on different individual counsellings.
10. Communication skill play a key role in your relationship with the client. Comment.
11. Discuss on the privileged communication in code of ethics.
12. Discuss the goals and techniques involved in behaviour approach to counselling.
13. Strength-based approach seeks to view the individual holistically. Examine.
14. Detail on different types of stress.

(4 × 3 = 12 Weightage)

Part-C

Answer any *two* questions. Each question carries 5 weightage.

15. Explain various skills required for a counsellor during each stages of counselling skills.

16. Detail on Reality Therapy and Solution Focused Brief Therapy.
17. Discuss on the goals , principles and techniques of TA.
18. Explain grief, stages of grief and grief counselling.

(2 × 5 = 10 Weightage)
