

**FYUGP- Bachelor of Social Work (B.S.W.) Honours  
Semester II -Minor 2**

|                |   |                  |                   |                    |             |
|----------------|---|------------------|-------------------|--------------------|-------------|
| Programme      | Bachelor of Social Work (B.S.W.)  |                  |                   |                    |             |
| Course Code    | BSW2MN102   |                  |                   |                    |             |
| Course Title   | Basics of Human Behaviour for Social Work Practice  |                  |                   |                    |             |
| Type of Course | Minor II  |                  |                   |                    |             |
| Semester       | II  |                  |                   |                    |             |
| Academic Level | 100 – 199   |                  |                   |                    |             |
| Course Details | Credit  | Lecture per week | Tutorial per week | Practical per week | Total Hours |
|                | 4   | 4                | -                 | -                  | 60          |
| Pre-requisites | -   |                  |                   |                    |             |
| Course Summary | This course introduces key concepts of human behaviour essential for social work practice. It covers understanding human behaviour through biological foundations alongside social psychology topics. Personality theories are also discussed for their application in social work. Overall, the course equips social workers with foundational knowledge to comprehend and effectively address the behavioural complexities of their clients within various social contexts. |                  |                   |                    |             |

**Course Outcomes (CO):**

| CO   | CO Statement  | Cognitive Level* | Knowledge Category# | Evaluation Tools used                      |
|------|---|------------------|---------------------|--|
| CO 1 | Understand nature and characteristics of human behaviour  | U                | C                   | Instructor-created exams / Assessment      |
| CO 2 | Explain the basic concepts and processes related to human behaviour and its application in social work practice | U                | C                   | Instructor-created exams / Assessment      |
| CO 3 | Develop an understanding of concepts of social psychology and its relevance for social work practice            | U                | C                   | Seminar Presentation / Group Tutorial Work |

|   |  |    |   |   |
|---|--|----|---|---|
| CO 4  | Analyse different personality theories and its application in social work practice | Ap | P | Instructor-created exams / Home Assignments |
| CO 5  | Examine mental health issues in India  | An | C |   |
| * - Remember (R), Understand (U), Apply (Ap), Analyse (An), Evaluate (E), Create (C)<br># - Factual Knowledge(F) Conceptual Knowledge (C) Procedural Knowledge (P)<br>Metacognitive Knowledge (M) |  |    |   |   |

### Detailed Syllabus:

| Module    | Unit  | Content  | Hrs       | Marks (70) |
|-----------|---|--|-----------|------------|
| <b>I</b>  | <b>Introduction to Psychology and Behaviour in Social Work</b>      |  | <b>8</b>  | <b>10</b>  |
|           | 1   | Definition and relevance of understanding human behaviour for Social Work Practice                                       | 2         |            |
|           | 2   | Understanding human behaviour: Nature and characteristics  | 3         |            |
|           | 3   | Factors influencing human behaviour  | 3         |            |
| <b>II</b> | <b>Biological Foundations and basic concepts of Human Behaviour</b> |  | <b>15</b> | <b>20</b>  |
|           | 4   | Brain structure and functions  | 2         |            |
|           | 5   | Nervous system and neurotransmitters   | 2         |            |
|           | 6   | Endocrine system and its influence on behaviour  | 2         |            |
|           | 7   | Memory Processes(Registration, retention, and recall), Types of memory (Sensory, short-term, and long-term memory)       | 2         |            |
|           | 8   | Thinking and its types( Creative, critical, convergent, and divergent thinking ),Cognitive biases and their implications | 2         |            |
|           | 9   | Emotions: Definition and types of emotions, Emotional intelligence (EQ) and its significance in Social Work              | 2         |            |

|            |  |  |           |           |
|------------|--|--|-----------|-----------|
|            | 10                                       | Learning :Definition, Meaning  | 1         |           |
|            | 11                                       | Types of learning (Classical conditioning and operant conditioning and observational learning) | 2         |           |
| <b>III</b> | <b>Basic Concepts of Human Behaviour</b> |  | <b>15</b> | <b>25</b> |
|            | 12                                       | Meaning and relevance of social psychology for social work practice                            | 2         |           |
|            | 13                                       | Attitude formation, social perception, and prejudice   | 2         |           |
|            | 14                                       | Social Cognition: Key concepts in social cognition   | 3         |           |
|            | 15                                       | Pro-social behaviour and aggression in social contexts   | 2         |           |
|            | 16                                       | Social Influence: Meaning and types of social influence (Conformity, compliance, obedience)    | 2         |           |

|           |   |  |           |           |
|-----------|---|--|-----------|-----------|
|           | 17  | Collective Behaviour and Propaganda: Audience and crowd behaviours,  | 2         |           |
|           | 18  | Meaning of propaganda and its relevance in Social Work   | 2         |           |
| <b>IV</b> | <b>Personality and its Theories</b>   |  | <b>10</b> | <b>15</b> |
|           | 19  | Theories of Personality: Meaning and factors affecting personality   | 3         |           |
|           | 20  | Role of personality theories in social work practice, Psychoanalytic theory (Sigmund Freud) and its application in Social Work Practice.   | 3         |           |
|           | 21  | Psycho-Social Theory (Eric Erickson) and its application in Social Work Practice.  | 2         |           |
|           | 22  | Client Centred Theory (Carl Roger) and its application in Social Work Practice.  | 2         |           |
| <b>V</b>  | <b>Open Ended Module: Interaction/Interview with Mental Health Professional/Psychiatric Social Worker/ Clinical Psychologist.</b> |  | <b>12</b> |           |
|           | 1   | Discussion on Mental health issues in India and role of Social Workers<br><br>Interaction/Interview with Mental Health Professional/Psychiatric Social Worker/ Clinical Psychologist and submit the report of the same as an assignment./Prepare propaganda relevant to current issues |           |           |

#### **Books and References**

1. General Psychology: (Vol. 1 & 2) – Ramnath Sharma & S.S.Chandra; Atlantic Publishers and Distributors (P) Ltd.
2. Human Behavior and the Social Environment I by Susan Tyler,2020, Open Textbook library, <https://open.umn.edu/opentextbooks/textbooks/880> licenced under CC BY-NC-SA
3. Mangal, S. K.(2006). *General Psychology*. New Delhi: Sterling Publishers.
4. Social Psychology: David G. Myers, Mcgraw-Hill College Publication
5. Social Psychology: Eliot Aronson, Timothy D. Wilson & Robin M. Akert
6. Elements of social psychology: Kuppuswamy, Konark Publishers Pvt.Ltd; 7th edition
7. Foundations in psychology: R M Verma & Shashilata Verma Commonwealth Publishers; 2012
8. David G. Myers (2007). *Social Psychology* (8th edition). New Delhi: Tata-McGraw Hill
9. John W. Berry., Mishra R.C. and Tripathi, R.C. (2003). *Psychology in Human and Social development*, Sage Publications

### Mapping of COs with PSOs and POs :

|      | PSO 1 | PSO 2 | PSO 3 | PSO 4 | PSO 5 | PSO 6 | PO1 | PO2 | PO3 | PO4 | PO5 | PO6 | PO7 |
|------|-------|-------|-------|-------|-------|-------|-----|-----|-----|-----|-----|-----|-----|
| CO 1 | 2     | 2     | 3     | 2     | 1     | 1     | 3   | 1   | 2   | 1   | 2   | 1   | 1   |
| CO 2 | 2     | 3     | 2     | 2     | 2     | 1     | 2   | 2   | 2   | 1   | 2   | 2   | 1   |
| CO 3 | 3     | 2     | 3     | 2     | 3     | 1     | 2   | 2   | 2   | 1   | 3   | 2   | 2   |
| CO 4 | 3     | 2     | 2     | 2     | 3     | 1     | 2   | 2   | 2   | 1   | 2   | 2   | 1   |
| CO5  | 2     | 2     | 2     | 1     | 2     | 2     | 3   | 2   | 2   | 1   | 2   | 2   | 2   |

### Correlation Levels:

| Level | Correlation        |
|-------|--------------------|
| -     | Nil                |
| 1     | Slightly / Low     |
| 2     | Moderate / Medium  |
| 3     | Substantial / High |

### Assessment Rubrics:

- Quiz / Assignment/ Discussion / Seminar
- Individual Report of open ended module (10%)
- Midterm/InternalAssessment(20%)
- Final Exam (70%)

### Mapping of COs to Assessment Rubrics :

|      | Internal Exam | Assignment | Project Evaluation | End Semester Examinations |
|------|---------------|------------|--------------------|---------------------------|
| CO 1 | ✓             | ✓          |                    | ✓                         |
| CO 2 | ✓             | ✓          |                    | ✓                         |
| CO 3 | ✓             | ✓          |                    | ✓                         |
| CO 4 | ✓             | ✓          |                    | ✓                         |

|      |   |   |  |  |
|------|---|---|--|--|
| CO 5 | ✓ | ✓ |  |  |
|------|---|---|--|--|