

15P233

(Pages: 2)

Name.....

Reg.No.....

**SECOND SEMESTER M.Sc. DEGREE EXAMINATION, JULY 2016**

(CUCSS - PG)

(Clinical Psychology)

**CC 15P CP2 C06 - PSYCHOTHERAPEUTICS - I**

(2015 Admission)

Time: Three Hours

Maximum: 36 Weightage

**PART-I**

Answer *all* questions

Each question carries 1 weightage

1. Therapeutic alliance
2. Guided Discovery
3. Stress Inoculation
4. Dialectical Behaviour Therapy
5. Structural Family Therapy
6. Dream Analysis
7. Biofeedback
8. Method of Successive Approximation
9. Behavior Analysis
10. Resistance
11. Covert Sensitization
12. Role Playing
13. Assertiveness training
14. Resolution of Transference

(14 x 1 = 14 Weightage)

**PART-II**

Answer any *seven* questions

Each question carries 2 weightage.

15. Strategies of Psychodrama
16. Briefly explain Exposure Therapies
17. EMDR
18. Aversive Conditioning
19. Efficacy of CBT in Depression

20. Treatment Strategies in REBT  
21. Aversive Conditioning  
22. Efficacy of Psychotherapy  
23. Critically evaluate the effectiveness of psychotherapy  
24. Modeling Techniques

(7 × 2 = 14 Weightage)

### PART-III

Answer any *two* questions  
Each question carries 4 weightage.

25. Define Psychotherapy. Briefly explain different types of Psychotherapies  
26. Explain Behaviour therapy Techniques to Anxiety Disorders  
27. Give an account of efficacy of group psychotherapy  
28. Explain Cognitive Behaviour therapy Techniques.

(2 × 4 = 8 Weightage)

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