

18P238

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Name:.....

Reg. No:.....

SECOND SEMESTER M.Sc. DEGREE EXAMINATION, APRIL 2019

(Regular/Improvement/Supplementary)

(CUCSS - PG)

CC15P CP2 C06 - PSYCHOTHERAPEUTICS - I

(Clinical Psychology)

(2015 Admission onwards)

Time: Three Hours

Maximum: 36 Weightage

PART I

Answer *all* questions. Each question carries 1 weightage.

1. Behaviour modification.
2. Participant modeling.
3. Reciprocal inhibition.
4. Therapeutic alliance.
5. Paradoxical intention.
6. EMDR
7. Systematic desensitization.
8. Catharsis.
9. Psychodrama.
10. Cognitive rehabilitation.
11. Analysis of resistance.
12. Cognitive distortion.
13. Models of grief.
14. Existential vacuum.

(14 x 1 = 14 Weightage)

PART II

Answer any *seven* questions. Each question carries 2 weightage.

15. Critically evaluate the effectiveness of group psychotherapy.
16. Briefly explain Humanistic approach.
17. Explain the major concepts and strategies of REBT.
18. Briefly explain Exposure therapies.
19. Explain the major concepts of Logo therapy.
20. Explain the processes of grief therapy.
21. Define psychotherapy. Briefly explain the Phases of psychotherapy.

22. Person-centered therapy.
23. Explain the phases of Interpersonal psychotherapy.
24. Explain major models in family therapy.

(7 x 2 = 14 Weightage)

PART III

Answer any *two* questions. Each question carries 4 weightage.

25. Stages and major techniques of Psychoanalytic therapy.
26. Give an account of efficacy of group psychotherapy.
27. Explain major techniques in CBT and its clinical applications.
28. Explain basic concepts and techniques of behavior therapy.

(2 x 4 = 8 Weightage)
