

42676

Name :

Reg. No:

THIRD YEAR B.P.E. DEGREE EXAMINATION, MAY 2013

**Paper XII - PHYSIOTHERAPY, CORRECTIVE PHYSICAL EDUCATION AND
ADAPTED PHYSICAL EDUCATION**

Time : Three Hours

Maximum : 75 Marks

*Answer any three questions from Part A and two questions from Part B.
Question No. 8 is compulsory.*

Part A

1. What are the general principles of giving massage and briefly explain the different massage manipulations. (15 Marks)
2. Write notes on: (3 x 5 = 15 Marks)
 - (a) Importance of relaxation
 - (b) Artificial respiration
 - (c) Somato types
3. Answer : (3 x 5 = 15 Marks)
 - (a) Physiological effects of massage
 - (b) Isokinetic movements
 - (c) Types of wounds
4. Briefly explain : (3 x 5 = 15 Marks)
 - (a) Anatomical standing positions.
 - (b) Advantages of progressive exercises.
 - (c) Group therapy
5. Write on: (3 x 5 = 15 Marks)
 - (a) Rules and importance of first aid.
 - (b) Principles of prevention of sports injuries.
 - (c) New York posture rating test.

Part B

6. Briefly explain the definition, purposes and goals of adapted Physical Education. (3 x 5 = 15 Marks)
7. Write notes on: (15 Marks)
 - (a) Techniques of carrying injured persons.
 - (b) Therapeutic exercises.
 - (c) Knock knees and bow legs.
8. Write short notes on any five (3 x 5 = 15 Marks)
 - (a) Cryotherapy
 - (b) Sprains
 - (c) Treatment for shock
 - (d) Lordosis
 - (e) Flat feet
 - (f) Behavioural problems.
 - (g) Artificial limbs