

C 45024

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Name.....

Reg. No.....

**SECOND YEAR B.P.E. DEGREE EXAMINATION, AUGUST 2013**

**Paper VII—EDUCATIONAL AND SPORTS PSYCHOLOGY**

Time : Three Hours

Maximum : 75 Marks

*Answer any five questions of which three questions should be from Part A and two questions from Part B including Question 8 which is compulsory.*

**Part A**

1. Give a brief description of the development of sports psychology in India. Discuss the relationship of sports psychology with other sports sciences.

(15 marks)

2. Write short notes on any three of the following :—

- (a) Case study.
- (b) The concept of mind.
- (c) Factors affecting growth.
- (d) Sustaining motivation in sport.

(3 × 5 = 15 marks)

3. Explain brief notes on any three of the following :—

- (a) Personality traits.
- (b) Types of guidance.
- (c) Kinds of groups.
- (d) Meaning and nature of psychology.
- (e) Role of psychology in physical education and sports.

(3 × 5 = 15 marks)

4. Explain any three of the following :—

- (a) Characteristics and power of mind.
- (b) Physical, social and emotional characteristics of infancy.
- (c) Law of exercise.
- (d) Meaning of motivation.
- (e) Dimensions of personality.

(3 × 5 = 15 marks)

**Turn over**

5. Describe any *three* of the following :—

- (a) Classroom teaching.
- (b) Group process in education.
- (c) Principles of learning.
- (d) What are the common types of emotions ?
- (e) Role of psychology for coaches.

(3 × 5 = 15 marks)

**Part B**

6. Elaborate how exercise and sports can play a role in the personality development of a child.

(15 marks)

7. Write short notes on any *three* of the following :—

- (a) Types of transfer of learning.
- (b) Youth welfare programme.
- (c) Branches of psychology.
- (d) Incentive and achievement motivation.
- (e) Audience in sports.

(3 × 5 = 15 marks)

8. Write very briefly on any *five* of the following :—

- (a) Workshops.
- (b) Perception in sports.
- (c) Team cohesion.
- (d) Sensation.
- (e) Innate motives.
- (f) Informal methods of teaching.
- (g) Testing methods.
- (h) Sports Psychology.

(5 × 3 = 15 marks)