C 45025

(Pages : 2)

Name..................................

Reg. No............................

SECOND YEAR B.P.E. DEGREE EXAMINATION, AUGUST 2013

Paper VIII—HEALTH EDUCATION

Time : Three Hours   Maximum : 75 Marks

Answer any **five** *questions of which* **three** *questions should be from Part A and* **two** *questions from Part B including* **Question 7** *which is* **compulsory.**

Part A

I. Define Health and explain the factors affecting health.   (1 × 15 = 15 marks)

II. Write short notes on the following :—

    (a) Principles of Health education.

    (b) Disease cycle.

    (c) Immunity.

                                                   (3 × 5 = 15 marks)

III. Write briefly :

    (a) Physical dimension.

    (b) Refuse disposal.

    (c) National Health Organizations.

                                                   (3 × 5 = 15 marks)

IV. Explain briefly :

    (a) Objectives of health education.

    (b) Evaluation of Health Education Programme.

    (c) Health problems related to communicable diseases.

                                                     (3 × 5 = 15 marks)

Part B

V. Health and disease lie along a continuum and there is no single cut-off point. Explain.

                                                   (1 × 15 = 15 marks)

VI. Briefly explain :

    (a) Proximate principle.

    (b) Mode of disease transmission.

    (c) Heredity.

                                                      (3 × 5 = 15 marks)

VII. Write short notes on any *five* of the following :—

    (a) Definition of health education.

    (b) Environment.

    (c) District level health organization.

    (d) Pathogenesis phase.

    (e) Nutritional School Health services.

    (f) Epidemiological triad.

    (g) Maternal health.

    (h) Balanced diet for sports man.

                                                     (5 × 3 = 15 marks