

28795

SECOND B.P.E. DEGREE EXAMINATION, JULY 2012

PHYSICAL EDUCATION

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PAPER VI - KINESIOLOGY & BIOMECHANICS
(2010 Admissions)

Time : Three Hours

Maximum : 75 Marks

Answer any five questions of which 3 from PART - A and
2 from PART - B including question No.8 which is compulsory.

All questions carry equal marks

PART - A

1. Discuss in detail about the role of Kinesiology in Physical Education, Physical Medicine and daily life.
2. List down the muscles attached to
 - (a) Shoulder joint
 - (b) Hip joint
 - (c) Ankle joint
3. Mechanically analyze
 - (a) Walking
 - (b) Throwing
 - (c) Striking
4. Write notes on
 - (a) Electromyography
 - (b) Goniometry
 - (c) Stroboscopic photography
5. Explain the following:
 - (a) Force and its types
 - (b) Spin and its types
 - (c) Equilibrium and its types

PART - B

6. Explain Newton's laws of motion and their application in sports? (1 x 15=15 Marks)
7. (a) Fill in the blanks:-
 - (i) Kneejoint is an example of joint.
 - (ii) Sideways bending of trunk is an example of movement in..... plane axis.
 - (iii) Boxer's muscle is and Tailor's muscle is
 - (iv) The movements around ball and socket joints are,, &
 - (b) Differentiate between fundamental and anatomical standing positions.
 - (c) Structural classification of muscles. (3 x 5 = 15 Marks)
8. Answer any five of the following.
 - (a) Stabilizers and Neutrolizers.
 - (b) Body levers
 - (c) Mass and Weight
 - (d) Angle of rebound
 - (e) Friction
 - (f) All or none law.
 - (g) Types of muscle contractions.
 - (h) Reciprocal Innervation and Inhibition.

(5 x 3 = 15 Marks)