

SECOND B.P.E. DEGREE EXAMINATION, JULY 2012**PHYSICAL EDUCATION****PAPER VII - EDUCATIONAL AND SPORTS PSYCHOLOGY
(2010 Admissions)****Time : Three Hours****Maximum : 75 Marks**

*Answer any five questions of which 3 from PART - A and
2 from PART - B including question No.8 which is compulsory.*

All questions carry equal marks

PART - A

1. Define the term 'Motivation' and explain the importance of motivation in sport performance. (15 Marks)
2. Describe the following:
 - (a) Laws of Readiness with suitable example.
 - (b) List down the personality traits between sports persons and non-sports persons.
 - (c) Role of a psychologist in an important competition. (15 Marks)
3. Explain the following:
 - (a) Characteristics of mind.
 - (b) Types of leadership in group work
 - (c) Stages of Learning curve (15 Marks)
4. Write short notes on
 - (a) Experimental method in sports psychology
 - (b) Reasons why individual differences is consider when teaching a skill.
 - (c) Thorndike theory of learning (15 Marks)
5. Explain the following:
 - (a) General principles of growth and development
 - (b) Structure of personality
 - (c) Types of transfer of learning (15 Marks)

PART - B

6. Briefly explain the types of guidance and list down the need and purpose of guidance? (15 Marks)
7. Describe the following:
 - (a) Special institutions
 - (b) Emotional characteristics of adolescence
 - (c) How you can extrensically motivate a sports person? (15 Marks)
8. Latrite short notes on any five of the following:
 - (a) ID
 - (b) Cognition
 - (c) Team Cohession
 - (d) Introspection
 - (e) Conation
 - (f) Law of Recency
 - (g) Extrinsic motivation (15 Marks)