

28797

Name :

Reg. No:

SECOND YEAR B.P.E. DEGREE EXAMINATION, JULY 2012

Physical Education

HEALTH EDUCATION

Time : Three Hours

Maximum : 75 Marks

Answer THREE questions from PART A and two from PART B including question no. 8 which is compulsory.

PART - A

1. Define health and also explain in detail its different dimensions. (15)
2. (a) Explain the scope of Health Education in school.
(b) What are the principles of Health Education?
(c) How evaluation in health Education is done? (3 x 5)
3. (a) Describe epidemiological triads.
(b) Write briefly on disease cycle.
(c) What is immunity? Explain the types of immunity. (3 x 5)
4. Write short notes on:
(a) Care of skin
(b) Bathing and clothing
(c) Importance of rest, sleep and exercise (3 x 5)
5. Explain briefly:
(a) The need for sex education in schools.
(b) Mother and child health.
(c) National family welfare program (3 x 5)

PART - B

6. Write an essay on International health organizations and agencies. (15)
7. (a) List out the school health problems.
(b) Write short note on the nutritional services in schools.
(c) Explain how the health records of students are maintained in a school. (3 x 5)
8. Write brief notes on: Any five of the following.
(a) First Aid and emergency care
(b) Balanced diet for sportsmen
(c) Food additives and adulteration of food.
(d) WHO
(e) NRHM
(f) Malnutrition
(g) Maternal and child birth
(h) Personal Hygiene (5 x 3 = 15)
