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Name.....

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Reg. No.....

**SECOND YEAR B.P.E. DEGREE EXAMINATION, AUGUST 2014**

**Paper VII – EDUCATIONAL AND SPORTS PSYCHOLOGY**

Time : Three Hours

Maximum : 75 Marks

Answer any **five** questions of which **three** questions should be from Part A and **two** questions from Part B including **Question 8** which is **compulsory**.

**Part A**

1. Explain the Laws of learning and its implication to the field of physical education. (15 marks)
2. Write short notes on any *three* of the following :
  - (a) Factors affecting growth and development.
  - (b) Influence of emotions on the level of achievement.
  - (c) Psycho regulative techniques.
  - (d) Explain the term aggression and anxiety.
  - (e) Cognition.(3 × 5 = 15 marks)
3. Write brief notes on any *three* of the following :
  - (a) Testing in sports psychology.
  - (b) Motive, need and drive.
  - (c) Branches of psychology.
  - (d) Introspection method.
  - (e) Infancy.(3 × 5 = 15 marks)
4. Explain any *three* of the following :
  - (a) Personality traits.
  - (b) Transfer of learning.
  - (c) Stages of mind.
  - (d) Associations.
  - (e) Need and purpose of guidance.(3 × 5 = 15 marks)

Turn over

5. Describe any *three* of the following :

- (a) Characteristics of mind.
- (b) Conditioned reflex theory.
- (c) General principles of growth and development.
- (d) Procedure of guidance.
- (e) Educational institution.

(3 × 5 = 15 m)

### Part B

6. Define Motivation. Explain the types of motivation and its role in performance enhance

(15 m)

7. Write short notes on any *three* of the following :

- (a) Define and explain personality.
- (b) Law of readiness.
- (c) Information centre.
- (d) Kinds of group.
- (e) Define psychology and sports psychology.

(3 × 5 = 15 m)

8. Write very briefly on any *five* of the following :

- (a) Perception.
- (b) Observation method.
- (c) Conscious mind.
- (d) Exercise and sport.
- (e) Types of learning.
- (f) Incentive motivation.
- (g) Hostel.
- (h) Classroom teaching.

(5 × 3 = 15 m)