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Name.....13.....

Reg. No.....

**SECOND YEAR B.P.E. DEGREE EXAMINATION, AUGUST 2014**

Paper VIII – HEALTH EDUCATION

Time : Three Hours

Maximum : 75 Marks

*Answer any five questions of which three questions should be from Part A and two questions from Part B including Question 8, which is compulsory.*

**Part A**

1. Disposal of sewage and refuse is a major headache for the health administrators. Give your suggestion for proper disposal of refuse and sewage.

(15 marks)

2. Explain briefly :

- (a) Factors affecting health.
- (b) Administrative setup of health services in Kerala.
- (c) Juvenile delinquency.

(3 × 5 = 15 marks)

3. Write brief notes on :

- (a) Epidemiological triad.
- (b) Relevance of sex education in the curriculum.
- (c) Prescribe a diet for school going children.

(3 × 5 = 15 marks)

4. Describe briefly :

- (a) Assessment of nutritional status.
- (b) Environmental sanitation problems.
- (c) National family welfare programme.

(3 × 5 = 15 marks)

5. Discuss briefly :

- (a) Maternal and child health in the modern society.
- (b) Importance of rest, sleep and exercise.
- (c) Spectrum of health.

(3 × 5 = 15 marks)

Turn over

**Part B**

6. Health education is best done through school health services. Explain.

(15 marks)

7. Explain :

- (a) Role of various vitamins.
- (b) International health organizations.
- (c) Food additives and adulteration of food.

(3 × 5 = 15 marks)

8. Write notes on any *five* of the following :

- (a) Dimensions of health.
- (b) Scope of health education.
- (c) Immunity.
- (d) Classification of food.
- (e) The concept of personal hygiene.
- (f) Pre-pathogenesis phase.
- (g) Safe and wholesome water.
- (h) Practice of health education programme.

(5 × 3 = 15 marks)