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Name.....

Reg. No.....14.....

SECOND YEAR B.P.E. DEGREE EXAMINATION, APRIL 2015

Paper VII—EDUCATIONAL AND SPORTS PSYCHOLOGY

(2010 Admissions)

Time : Three Hours

Maximum : 75 Marks

Answer any **five** questions of which **three** should be from Part A and **two** questions from Part B including **Question 8** which is **compulsory**.

Part A

1. What are the various methods used in Psychology for the assessment of an individual ?
(15 marks)
2. Write short notes on any *three* of the following :—
 - (a) Principles of Learning.
 - (b) Stages of growth and development.
 - (c) Mental training.
 - (d) Case study.
 - (e) Sports Psychology.

(3 × 5 = 15 marks)
3. Write brief notes on any *three* of the following :—
 - (a) Meaning and nature of Psychology.
 - (b) Cognition.
 - (c) Trial and error method of learning.
 - (d) Drive and need.
 - (e) Audience in Sports.

(3 × 5 = 15 marks)
4. Explain any *three* of the following :—
 - (a) Role of psychology in building theory and practice in education, physical education and sports.
 - (b) Perception in sports.
 - (c) Frustration and conflict in Sports.
 - (d) Factors affecting growth and development.
 - (e) Personality.

(3 × 5 = 15 marks)

Turn over

5. Describe any *three* of the following :—

- (a) Adolescence.
- (b) Affection.
- (c) Types of Guidance.
- (d) Classroom teaching.
- (e) Team cohesion.

(3 × 5 = 15 marks)

Part B

6. Define and explain Personality. Write an essay on personality performance relationship.

(15 marks)

7. Write short notes on any *three* of the following :—

- (a) Sub-conscious and superconsciousness.
- (b) Characteristics of learning curve.
- (c) Achievement motivation.
- (d) Kinds of group.
- (e) Orientation programme.

(3 × 5 = 15 marks)

8. Write very briefly on any *five* of the following :—

- (a) Perception.
- (b) Physical Education.
- (c) Youth welfare programme.
- (d) Work shops.
- (e) Special institutions.
- (f) Leadership.
- (g) Learning by insight.
- (h) Sensation.

(5 × 3 = 15 marks)