

C 82638

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Name.....

Reg. No..... 23 .....

**THIRD YEAR B.P.E. DEGREE EXAMINATION, APRIL 2015**

Physical Education

Paper XI—FOUNDATION OF PHYSICAL EDUCATION

(2010 Admissions)

Time : Three Hours

Maximum : 75 Marks

*Answer any five questions of which three questions should be from Part A and two questions from Part B. Question 8 is compulsory.*

**Part A**

1. Define Play. Describe the various theories of play. (15 marks)
2. (a) (i) Which philosophy of education emphasizes that experience is the key to life ?  
(ii) Which philosophy of education defines teacher as a role model for students ?  
(iii) Conditional response theory of learning was propounded by \_\_\_\_\_.  
(iv) Which law of learning is also called the law of use and disuse ?  
(v) Which law of learning states that things most often repeated are best retained ?  
(5 × 1 = 5 marks)
- (b) Explain briefly on Sex differences. (5 marks)
- (c) Associate and concomitant learning. (5 marks)
3. Explain the following :
  - (a) Anatomical, Physiological and mental age.
  - (b) Government and Private Recreational agencies.
  - (c) Modern trends in Physical Education.(3 × 5 = 15 marks)
4. Write notes on :
  - (a) The role of education in national integration.
  - (b) Conditions and factors which promote learning.
  - (c) Transfer of training.(3 × 5 = 15 marks)

Turn over

5. Briefly write about the various recreational programmes for :
- (a) Special groups – (Physically and mentally differently disabled).
  - (b) Senior citizens.
  - (c) Rural population.

(3 × 5 = 15 marks)

**Part B**

6. Discuss in detail about the role of physical education in context to social problems such as unemployment, youth unrest, health related problems and mechanisation.

(15 marks)

7. (a) What are the various stages of growth and development ?  
(b) Differentiate various body types.  
(c) Briefly describe the sociological influence of Physical Education.

(3 × 5 = 15 marks)

8. Answer any *five* :

- (a) Aims of education.
- (b) Objectives of Physical Education.
- (c) Realism and Idealism.
- (d) Contributions of Mahatma Gandhi as an educational philosopher.
- (e) Biped position of man.
- (f) Chronological age.
- (g) Learning curve.
- (h) Define Recreation.

(5 × 3 = 15 marks)