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Name

Reg. No.....

SECOND YEAR B.P.E. DEGREE (SUPPLEMENTARY) EXAMINATION APRIL 2017

Paper VII—EDUCATIONAL AND SPORTS PSYCHOLOGY

(2010 Admissions)

Time: Three Hours

Maximum: 75 Marks

Answer any five questions of which three questions from Part A and two questions from Part B including Question 8, which is Compulsory.

Part A

1. Define sports psychology? Explain the nature and scope of sports psychology.

(15 marks)

- 2. Explain briefly:
 - (a) Methods of psychology.
 - (b) Cognition.
 - (c) Psychological unity.

 $(3 \times 5 = 15 \text{ marks})$

- 3. Write briefly:
 - (a) Factors affecting growth and development.
 - (b) Emotional characteristics.
 - (c) Principles of learning.

 $(3 \times 5 = 15 \text{ marks})$

- 4. Describe briefly:
 - (a) Transfer of training.
 - (b) Incentive and achievement motivation.
 - (c) Personality traits of sports person

 $(3 \times 5 = 15 \text{ marks})$

- 5. Explain:
 - (a) Need and purpose of guidance.
 - (b) Team cohesion.
 - (c) Plateau in learning.

 $(3 \times 5 = 15 \text{ marks})$

Turn over

Part B

6. Explain the traditional theories of learning.

7. Describe briefly:

(15 marks)

- (a) Characteristics and powers of mind.
- (b) Growth and Development.
- (c) Laws of learning.

 $(3 \times 5 = 15 \text{ marks})$

- 8. Write short notes on any five of the following:
 - (a) Individual differences.
 - (b) Case study.
 - (c) Drive and Need.
 - (d) Observation.
 - (e) Branches of Psychology.
 - (f) Kinds of group.
 - (g) Leadership.

 $(5 \times 3 = 15 \text{ marks})$