

C 26334

(Pages : 2)

Name.....

Reg. No.....

THIRD YEAR B.P.Ed. (INTEGRATED) DEGREE EXAMINATION, APRIL 2017

Paper XIII—HEALTH EDUCATION

(2013 Admissions)

Time : Three Hours

Maximum : 75 Marks

Answer any **three** questions from Part A and **two** questions from Part B.

Question 8 is compulsory.

Part A

1. Define Health Education. Explain the principles and practice of health education.
(1 × 15 = 15 marks)
2. Write note on method of water purification, disposal of garbage and sewage treatment.
(1 × 15 = 15 marks)
3. Write short note on the following :—
 - (a) Dimensions of health.
 - (b) Disease cycle.
 - (c) Care of hair and eyes.
(3 × 5 = 15 marks)
4. Write note on the followings :
 - (a) Importance of rest, sleep and exercise.
 - (b) Factors of Vitamins.
 - (c) Food pyramid.
(3 × 5 = 15 marks)
5. Classify food. Describe the proximate principles of diet.
(1 × 15 = 15 marks)

Part B

6. Discuss the common health problems in the school going child.
(1 × 15 = 15 marks)
7. Briefly explain :
 - (a) Health appraisal.
 - (b) International Health Organization.
 - (c) Importance of first aid.
(3 × 5 = 15 marks)

Turn over

8. Write short note on any *five* of the followings :—

- (a) Immunity.
- (b) Nutrition.
- (c) Balanced diet.
- (d) Care of ears.
- (e) Mental health.
- (f) Method of disease transmission.
- (g) Epidemiological triad.
- (h) National Health Organizations.

(5 × 3 = 15 marks)