

## A STUDY ON FACTORS AFFECTING THE EMOTIONAL INTELLIGENCE OF TEACHERS

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### Abstract

*Emotional Intelligence is of great importance in education and teaching because it helps the teachers to understand their students in a better way. A teacher with weak emotional intelligence cannot guide and motivate students positively. But a teacher with emotional balance can motivate students positively. It prevent stress and help them to deal with complicated situations in classroom without affecting the students. Empathy a key emotional intelligence skill is very much essential for a teacher to understand and impart the learning in a way suitable to the background and culture of the students. The social skills and motivation are useful for the teachers to achieve the objectives of the subject being taught.*

*Keywords: Emotional intelligence, Empathy, self awareness, social skills*

### Part 1

#### 1.1 Introduction

Today education plays a very important role in developing individuals both physically and mentally. In Kerala priority is always given to education and literacy. So Kerala is ranked as one of the most literate state in India. The government is spending quite a number of amount in developing the infrastructure and quality of the schools and colleges. Kerala being highly literate, the government and the teaching community had and are playing a vital role to see that most of the people are at least able to read and write. Teachers play a very important role in the education system. They play a number of roles among students such as teacher, guide, mentor, friend and philosopher etc. The present study is going to conduct among college teachers. A teacher is a friend, therapist, tutor, counsellor etc. of students who have a wide range of learning, mental, emotional and physical disabilities. So the teachers must have the ability of emotional intelligence skills. Then only they can truly guide their students. Emotional Intelligence is of great importance in education and teaching because it helps the teachers to understand their students in a better way. A teacher with weak emotional intelligence cannot guide and motivate students positively. But a teacher with emotional balance can motivate students positively. It prevent stress and help them to deal with complicated situations in classroom without affecting the students. Empathy a key emotional intelligence skill is very much essential for a teacher to