18U556		(Pages:		Name:	
	FIFTH SEMEST	ER UG DEGREE EX. (Regular/Supplementa	AMINATION, N ry/Improvement)	O	
	CC17I	(CUCBCSS J <b>PSY5 D02 - LIFE SF</b>	,	ΓΙΟΝS	
	00170	(Psychology - Op		110110	
		(2017 Admi	ssions)		
Time:	Two Hours			Maximum: 40 Marks	
		SECTION A (Objective all questions. Each of	* * * *		
1.	is the ability to understand and share the feelings of another.				
	a) Empathy	b) Assertiveness	c) Resistance	d) Self Awareness	
2.	The process of finding solutions to difficult or complex issues is known as				
	a) Assertiveness		b) Decision making		
	c) Problem solving		d) Building Relationships		
3.	Conscious Knowledge of one's own character and feelings is called				
	a) Negotiating skills		b) Self awareness		
	c) Interpersonal relation		d) self- valuation)		
4.	is the third stage of Creativity				
	a) Incubation	b) Illumination	c) Preparation	d) Evaluation	
5.	The is a type of oral communication wherein the message is transmitted				
	through spoken words.				
	a) Verbal Communication		b) Non Verbal Communication		
	c) Listening skills		d) Facial Expressions, Gestures		
6.	is an individuals ability to appreciate the strength and weakness of one's				
	own character.				
	a) Self-esteem	b) Self-awareness	c) Self-concept	d) Self-efficacy	
7.	Which stage is related to more creative ideas?				
	a) Incubation	b) Illumination	c) Preparation	d) Evaluation	
8.	is the ability to understand, consider and appreciate other people.				
	a) Assertiveness	b) Peer resistance	c) Empathy	d) Negotiation skill	

 $(8 \times 1/2 = 4 \text{ Marks})$ 

## **SECTION B**

Answer any *five* questions. Each question carries 2 marks.

- 9. Describe Problem solving.
- 10. What is creativity.
- 11. What are Survival skills.
- 12. Define Self awareness.
- 13. Explain Non verbal communication.
- 14. Algoritum and Heuristics.
- 15. Empathy.

 $(5 \times 2 = 10 \text{ marks})$ 

## **SECTION C**

(Answer in a paragraph of about half a page to one page)
Answer any *four* questions. Each question carries 4 marks.

- 16. Explain the importance of effective decision making.
- 17. Describe problem solving and steps of problem solving.
- 18. Explain verbal and non verbal communication.
- 19. Describe the importance of career planning.
- 20. Explain self-awarness.
- 21. Explain Survival skills.

 $(4 \times 4 = 16 \text{ Marks})$ 

## **SECTION D**

Essay type questions

Answer any *one* of the following. Each question carries 10 marks.

- 22. Give a note on interpersonal relations and skills to improve interpersonal relations.
- 23. What is life skill and mention the need and importance of life skill in real life.

 $(1 \times 10 = 10 \text{ Marks})$ 

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