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Name: ..... Reg. No.....

# FOURTH YEAR B.P.Ed. (INTEGRATED) DEGREE EXAMINATIONS, APRIL 2021 (Regular/Supplementary/Improvement) BPE4 T20 – ADAPTED PHYSICAL EDUCATION

(2015 Admission onwards)

Maximum: 75 Marks

- I. Answer any *one* of the following:
  - 1. Explain in detail about Paralympic and Special Olympics. Also elaborate on the need and importance of Paralympic and Special Olympics.

Or

2. Comment on the various aspects of rehabilitation and welfare programme for the differently abled people.

### (1 × 15 = 15 Marks)

- II. Write short notes:
  - 1. Parental involvement in adapted physical education.
  - 2. Services provided by an adapted physical education teacher.
  - 3. Principles of adapted physical education.

 $(3 \times 5 = 15 \text{ Marks})$ 

- III. Explain the following:
  - 1. Causes of mental retardation.
  - 2. Functional rehabilitation.
  - 3. Facilities for adapted physical education in elementary schools, secondary schools and colleges.

### $(3 \times 5 = 15 \text{ Marks})$

IV. Fill in the blanks:

- 1. \_\_\_\_\_ number of athletes from India participated in the 2016 Paralympics.
- 2. The 2021 Paralympic Games is going to be held at \_\_\_\_\_
- 3. \_\_\_\_\_\_ is the name of modified basketball played in Paralympic.
- 4. How many different sports is included in the Paralympic for 2021 \_\_\_\_\_?
- 5. The Paralympic Movement offers sport opportunities for athletes with physical, vision and/or \_\_\_\_\_\_ eligible impairments.

### $(5 \times 1 = 5 \text{ Marks})$

- V. State whether true or false:
  - 1. Deepa Malik is the first women athlete to win Paralympic medal for India.
  - 2. Summer Paralympics Games 2016 was held at USA.

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Time: Three Hours

- 3. Short Stature is a type of physical disability.
- Classification systems differ by sport and are developed by the International Federations (IF) governing the sport.
- 5. Physical disability is a physical condition that affects a person's obility, physical capacity, stamina, or dexterity.

VI. Write the answers in one word:

- 1. Which country will host 2021 Paralympics Games?
- 2. What is Goalball?
- 3. Which body governs all the Paralympics Games?
- 4. What is intellectual impairment?
- 5. Which country hoisted the 2016 World Special Olympic Summer Games?
- 6. Which male Indian athlete won the Gold medal in High Jump in the 2016 Summer Paralympics?
- 7. Write any one factor which causes visual impairment.
- 8. What are the conditions for physical disability?
- 9. Name any two subaverage intellectual functioning limitations that are termed as Mental Retardation.

В

10. What is hypertonia?

## $(10 \times 1 = 10 \text{ Marks})$

VII. Match the following:

#### А

1.	T/F11, T/F12 and T/F13	a. Bronze Medal
2.	Five a Side Football	b. decreased ability to see.
3.	Varun Singh Bhati	c. abnormal brain development
4.	Cerebral palsy	d. Shot put.
5.	Visual Impairment	e. category for vision impaired athletes
6.	Para Triathlon	f. for blind athletes
7.	Mariappan Thangavelu	g. slow involuntary movements of fingers/toes
8.	Deepa Malik	h. High Jump
9.	Athetosis	i. sports that does not have Olympic counterpart.
10.	Boccia	j. Swimming, Cycling, Running
		$(10 \times 1 = 10 \text{ Marks})$

 $(5 \times 1 = 5 \text{ Marks})$