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Name:..... Reg. No.....

FOURTH YEAR B.P.Ed. (INTEGRATED) DEGREE EXAMINATIONS, APRIL 2021

(Regular/Supplementary/Improvement)

BPESS4 T27 – HANDBALL

(Specialization Course) (2015 Admission onwards)

Time: Three Hours

Maximum: 75 Marks

Answer any *three* questions of **Part A**, One question from **Part B** and **Part C** is compulsory.

PART A

Answer any *three* questions. Each question carries 15 marks.

- 1. What is the progression of fouls? Explain its punishments.
- 2. Explain different types of passes in handball with basics and mention their uses while playing.
- 3. What are the essential qualities required for a goalkeeper? Explain basic stance and training with lead-up activities.
- 4. Explain steps to teach jump shot high with a lead-up activity.
- 5. Draw three different half-court and mark positions of players in 3:2:1 defense, 4:2 defense and 5:1 defense in each court.

(3 × 15 = 45 Marks)

PART B

- 6. Explain the following:
 - a. Duties of the officials.
 - b. Substitution in handball.
 - c. The Free Throw.

(3 × 5 = 15 Marks)

- 7. Write a brief note on:
 - a. 5:2 offense.
 - b. Basic position of a defensive player.
 - c. The Throw-Off and Throw-In.

(3 × 5 = 15 Marks)

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PART C

- 8. Write short notes on any *five* of the following:
 - a. Types of dribble.
 - b. Catching ball at chest level.
 - c. Specification of the goal.
 - d. Passive play.
 - e. Step to teach overhead pass.
 - f. Fastbreak.
 - g. Positional play.

(5 × 3 = 15 Marks)
