

**Title of the Programme: Plant Saplings**

**Programme Organized by:** NSS(National Service Scheme)

**In association with:**

**Number of participants:**

The one-day work for today was to plant 'Medicinal Plants'. Each volunteer was requested to plant a minimum of 3 plants after knowing their name and medicinal value. Photos were uploaded in googledrive links and collage of each groups separately made.

The Online Session lead by 2nd year Volunteer Krishnadev M madanan on the Topic 'DEPRESSION' for 2nd year volunteers itself was a very good session. The Online Session lead by 2nd year Volunteer Krishnadev M madanan on the Topic 'DEPRESSION' for 1st year volunteers was a very good one. During the ongoing covid times, this topic had a great deal to be dealt with. A lot of questions were raised from among the volunteers. Most of the first-year volunteers attended the session. It was successfully completed over the guidance of the teachers and leaders.



CHRIST COLLEGE IRINJALAKUDA



NATIONAL SERVICE SCHEME UNIT 20 & 49

# SPECIAL ORIENTATION SESSION

TOPIC :  
**DEPRESSION**

KRISHNADEV M MADANAN

NSS VOLUNTEER

**TIME:** 4:00pm  
16-01-2021  
SATURDAY



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