

Title of the Programme: Voters id registration camp

Programme Organized by: NSS

In association with: NIL

Number of participants: 85

A live session on Google meet platform for 1st Year NSS volunteers was conducted under the guidance of 2nd year volunteers. The session was led by Ex Volunteer Aadithyan C.A on the topic “Mental Health “. The session was very useful in today’s era of being mentally strong. The volunteers shared many of the difficulties they faced and understood the instructions to deal with it all. Almost 85 volunteers attended the class. The session was completed successfully under the guidance of programme officers and leaders.

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CHRIST COLLEGE (AUTONOMOUS) IRINJALAKUDA
National Service Scheme Units 20 & 49

SPECIAL ORIENTATION SESSION
Topic: Mental Health

Aadithyan.C.A
(Ex Nss Volunteer)
Christ College Irinjalakuda

20 February
3:30 pm

Google Meet