The first programme of 2018 was held on 13th July 2018. As a part of the programme two interactive sessions was held at Seminar Hall.

P.R. Bijoy was also a former student of our college, gave talk about women's safety. In the afternoon interactive session started on the topic Gender and Health, in order to develop the skills to interact with all genders comfortably and respectfully and gain scientifically accurate knowledge about the human reproductive system, and the emotional and sexual changes that one undergoes. Dr.J.S. Veena, Junior, Resident in Forensic, Government Medical College, Trivandrum, had lead the session. This was an interesting interactive session in which she discussed human reproductive systems, hormonal changes etc. in an elaborate manner and the students irrespective of their gender asked their doubts regarding human body, sexual changes etc.

