The regular one-day work on 18th January 2020 of Christ College NSS units, Irinjalakuda was with four special sessions. The first session was a rally conducted by the NSS volunteers through Irinjalakuda town as part of FIT INDIA MOVEMENT to create awareness in the society about the importance of health and exercise. The rally started from the college and the flag - off ceremony was done by the principal of Christ College, Dr. Mathew Paul Ukken. The rally ended in the college itself by 11:30 AM and the volunteers were gathered in the college auditorium to attend a one day gathering of physically challenged students and their families, SAPHALYAM organized by BRC Irinjalakuda in association with NSS Christ College for differently abled children and their parents to meet and interact. The programme was inaugurated by Dr. Mathew Paul Ukken, Principal of Christ College and the chief guest of the inaugural ceremony was Rev. Fr. John Palleakara, principal of Christ College of Engineering who gave a very motivational key note address and entertained the gathering by his melodious singing. Prof. Shaju k. Y, HOD of Physics Department of Christ College as well as the coordinator of Disability cell ,Christ college Irinjalakuda and Ms. Wahida Ashraf, an active member of BRC Irinjalakuda felicitated. After the inaugural ceremony, various cultural programmes including group dance, folk songs were performed by NSS volunteers to entertain the gathering. After lunch by 1:30 PM

NSS volunteers were gathered in Chavara Seminar Hall for a talk by Usha Madam, Sub Inspector of Women Police station, Irinjalakuda about the POCSO ACT, child abuse, measures to prevent it and road safety and the session was very informative for the volunteers. The last session was the Inaugural ceremony of Anti - Drug club in association with Vimukthi program of Kerala State government and NSS units of Christ College with the aim of a drug free campus. The welcome address was done by the student coordinator of anti drug club, Anjana K. Nair and the programme was chaired by the principal of Christ College, Dr. Mathew Paul Ukken Sir who gave the presidential address. The chief guest of the ceremony was the sub inspector of Excise Office Irinjalakuda, Jayadevan Sir who gave the inaugural address and shared his experiences as an Excise officer and his expectations about the anti drug club. Usha Madam, Sub inspector of Women Police wing, Irinjalakuda and Prof. Jincy, NSS programme officer of Christ College felicitated. As part of honoring them for their services to the society Dr. Mathew Paul Ukken Sir on behalf of Christ College and it's NSS units, gifted mementos to Jayadevan Sir and Usha Madam. And as the first undertake of anti-drug club, a pledge against drug abuse was taken by the volunteers. The meeting was concluded with the vote of thanks by the student coordinator of anti-drug club, Sharath Krishna. It was a day of different experience and enjoyment, to the volunteers as well as a day which gave new responsibility to each volunteer as a member of anti-drug club.







