

20BP23

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Name:

Reg. No:

SECOND YEAR B.P.Ed. DEGREE EXAMINATION, APRIL 2022

(Regular/Supplementary/Improvement)

CC15U BPE2 T8 – FOUNDATION OF PHYSICAL EDUCATION

(2015 Admission onwards)

Time: Three Hours

Maximum: 75 Marks

Answer any *three* questions from **Part A**.
Any *one* question from **Part B**. Question from **Part C** is Compulsory.

PART A

1. Describe the philosophies of Physical Education.

(1 × 15 = 15 Marks)

2. (A) Match the following:

- | | | |
|--------------|---|---------------------------|
| a. Aristotle | - | Trial and error method |
| b. Rousseau | - | Conditional reflex theory |
| c. Pavlov | - | Cognitive theory |
| d. Kohler | - | Naturalism |
| e. Thorndike | - | Realism |

(5 × 1 = 5 Marks)

(B) Fill in the blanks:

- Body type are known as athletic type.
- is a private agency providing Recreation?
- Plato is author of
- philosophy that reality is determined by individual experiments
- Gandhism teaches the philosophy of

(5 × 1 = 5 Marks)

(C) State whether following statements true or false.

- Idealism says that reality is determined by individual experiences.
- Endomorph body type people have large round shoulder head with broad face.
- Knowledge derived through sense experience is idealism.
- Anatomical age refers to the growth and development of the skeletal system.
- Physiological age means the age of a person recorded in years, months and days.

(5 × 1 = 5 Marks)

3. Briefly explain the following:
 - a. Objectives of physical education.
 - b. Pragmatism.
 - c. Contribution of Tagore.

(3 × 5 = 15 Marks)

4. Describe the following:
 - a. Sheldon's classification.
 - b. Sex difference.
 - c. Extentionalism.

(3 × 5 = 15 Marks)

5. Write short notes on:
 - a. Growth and development.
 - b. Physiological and mental age.
 - c. Ectomorph.

(3 × 5 = 15 Marks)

PART B

6. Describe the Body types (Sheldon's classification).

(1 × 15 = 15 Marks)

7. Describe the following:
 - a. Physical education is a education.
 - b. Mass participation in sports.
 - c. Advantages of Biped position.

(3 × 5 = 15 Marks)

PART C

8. Write short notes on any five of the following:
 - a. Naturalism.
 - b. Idealism.
 - c. Recreation.
 - d. Wellness.
 - e. Love of learning.
 - f. Agencies of education.
 - g. Mental age.
 - h. Realism.

(5 × 3 = 15 Marks)
