



AQAR 2021-22

3.6.3 & 3.6.4 Extension activities

Programme No: 13

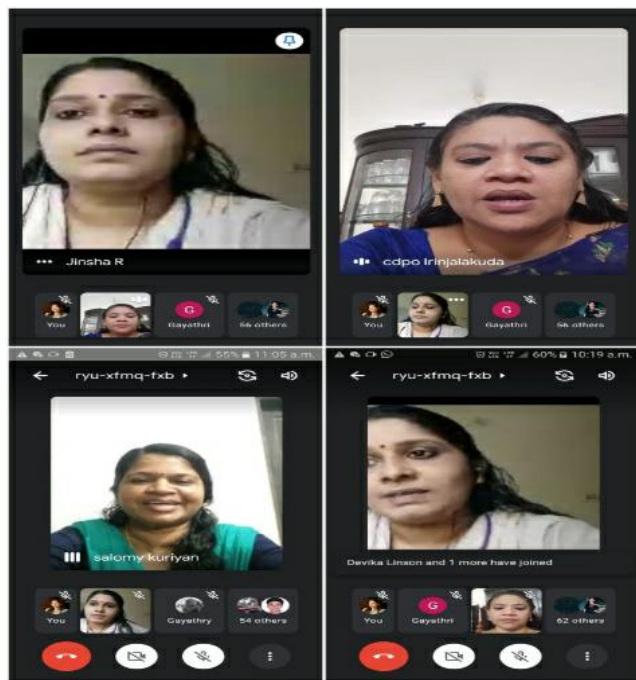
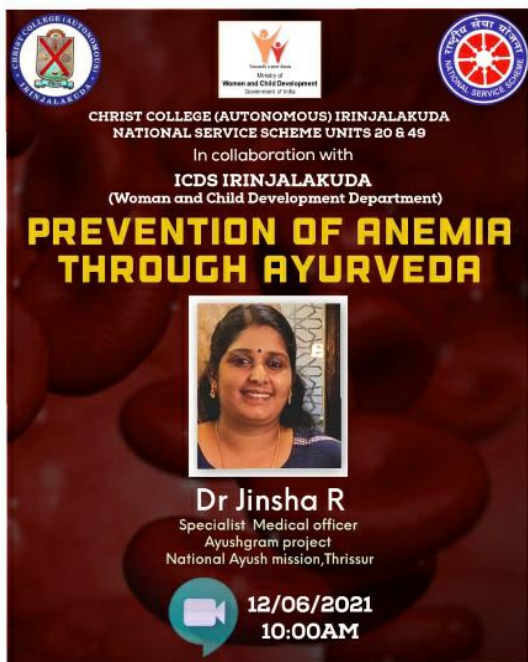
Programme Title: Webinar on the topic 'prevention of anaemia through Ayurveda'

Conducted by- NSS

Participation -173

Date: 12th June 2021

On 12th June, 2021, NSS Units 29 & 49 of Christ College (Autonomous), Irinjalakuda, had conducted an online session comprising of two events. The first of events was a webinar on the topic 'prevention of anaemia through Ayurveda' by Dr Jinsha R, Specialist Medical officer, Ayushgram project, National Ayush Mission, Thrissur. This was held on google meet at 10 am. Gayathri R and Gayathri PR had done the anchoring. Then came the prayer by Dhanya. Akshay Gopan's welcome speech was next. Then, Mr Shamsad M, Child Development Project Officer, introduced the speaker. Dr Dhanya was invited to give the talk. Her session was interesting as the volunteers gave vivid and positive responses. Vote of thanks was given by Salomy K.V (ICDS Supervisor). The volunteers ensured maximum participation and involvement in the webinar. The screenshots of the meet were to be submitted by the volunteers to their respective group leaders. The last event was 'Udayanaan Thaaram' conducted by team Ratheesh. It was a task given to the first year NSS volunteers to troll the senior volunteers. This was held in the unofficial NSS Whatsapp group at 8 pm. It was a fun filled session, enjoyed by all was a kind of unprecedented task. The day's events were successful under the guidance of NSS teachers-in-charge, leaders and volunteers.





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