



AQAR 2021-22
3.6.3 & 3.6.4 Extension activities

Programme No: 15

Programme Title: Live interactive session on "Compassion"

Conducted by :NSS

Participation :163

Date: 29/05/2021

On 29th May 2021 an online live interactive session with Miss Veena Venugopal was organised under the topic 'Compassion'. The session started at 3:00 PM lasted for more than an hour. It was a worth attending session for how important it is to be compassionate towards living beings around us was very well conveyed. More than 80 volunteers attended the session. Prof. Jomesh Jose spoke thanking the resource person and the coordinators of the session. On the same day, a game session named 'Ratheesh' was conducted at 7:00PM. Volunteers were divided into six groups and each group was given a word about which a representative from the group had to describe in 1 minute audio and the other groups had to find what is. It was an interesting and stress relieving session. The sessions were successfully organised under the leadership of Program officers and second year volunteers.





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