



AQAR 2021-22

3.6.3 & 3.6.4 Extension activities

Programme No: 19

Programme Title: Two-week awareness program on 'Say no to drugs'

Conducted by- NSS

Participation -142

Date: 19/07/2021 – 01/08/2021

NSS units 20 and 49 of Christ College Irinjalkuda conducted a two-week awareness program on 'Say no to drugs' under the Anti-drug cell. Despite limitations of the pandemic, plenty of activities were organized in various online platforms. The first day of the fortnight, 19th July, 2021, demanded the volunteers to make videos conveying anti-drug messages. All the volunteers were made to hold a placard with an anti-drug message written on it and these stills of all the volunteers were combined to make 2-minute-long videos. This activity helped the volunteers to raise awareness among themselves and also among a far-reaching audience. All the volunteers assured their active participation in this activity of the campaign which was admirably organized by the NSS programme officers, leaders and members of anti-drug cell.



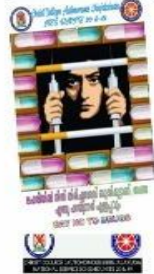
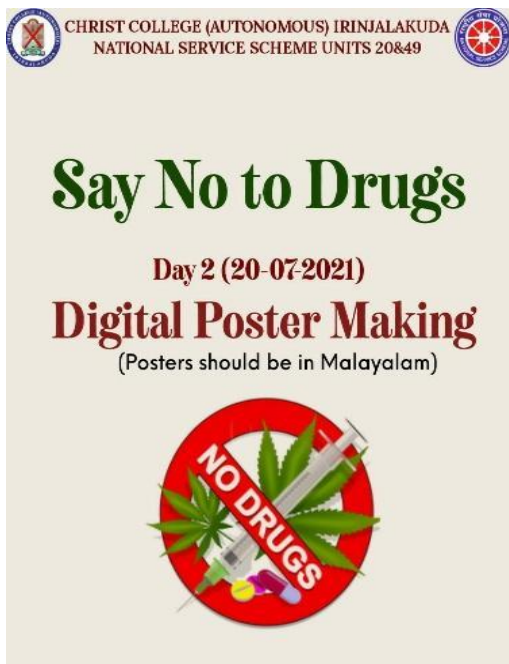


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20/07/2021

As a part of two-week awareness program- 'SAY NO TO DRUGS' the National Service Scheme Units of Christ college autonomous Irinjalakuda has conducted a digital poster making on the second day. It was an individual work. For this work the volunteers made a digital poster and combined it for a video. We selected Malayalam, our mother tongue for the poster. So that we can make more people aware about the drug issues. All volunteers work together under the guidance of program officers for its success.



ലഹരി പദാർത്ഥങ്ങൾ ഒഴിവാക്കൂ ആരോഗ്യത്തോടെ ജീവിച്ചൂ!

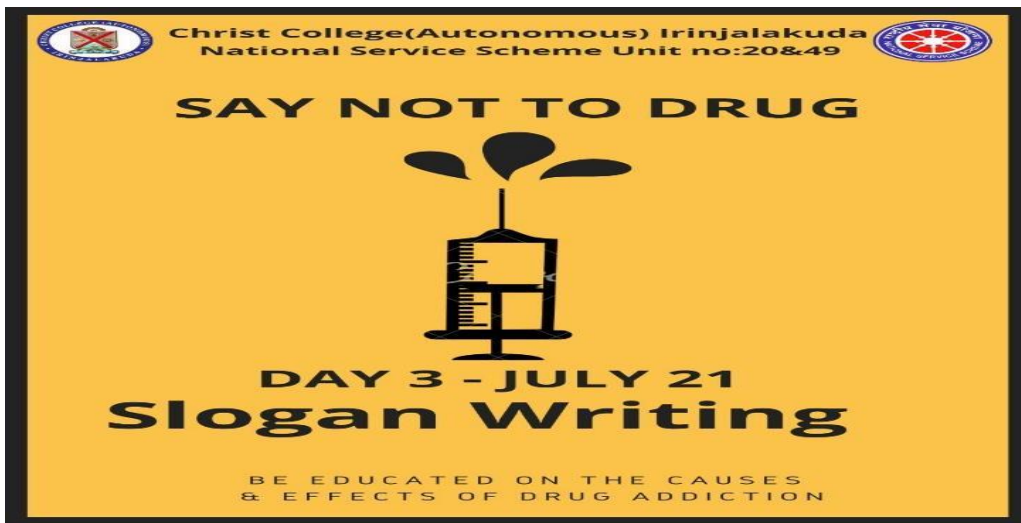


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21/07/2021

As a part of 2 weeks awareness program 'Say no to drugs', the NSS Units 20 & 49 of Christ College (Autonomous), Irinjalakuda conducted a slogan making work on the third day. It was a group activity. The volunteers were asked to make slogans on the basis of anti-drug and combined it according to groups and submitted together. All the volunteers tried their best for this work and it was successful under the guidance of NSS teachers-in-charge and the NSS' Anti-drug cell volunteers.



GROUP 3



ICONS



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22/07/2021

As part of two weeks awareness program - 'SAY NO TO DRUGS' The National Service Scheme Units of Christ college autonomous Irinjalakuda has conducted a caption making program on the fourth day. It was an individual work. For this work volunteers gave suitable caption for a given picture. We selected Malayalam our mother tongue for the caption writing. So that we can make people more aware about the drug issues. All the volunteers assured their active participation in this activity of the campaign which has organized by the program officers, leaders, volunteers and members of anti-drug cell.



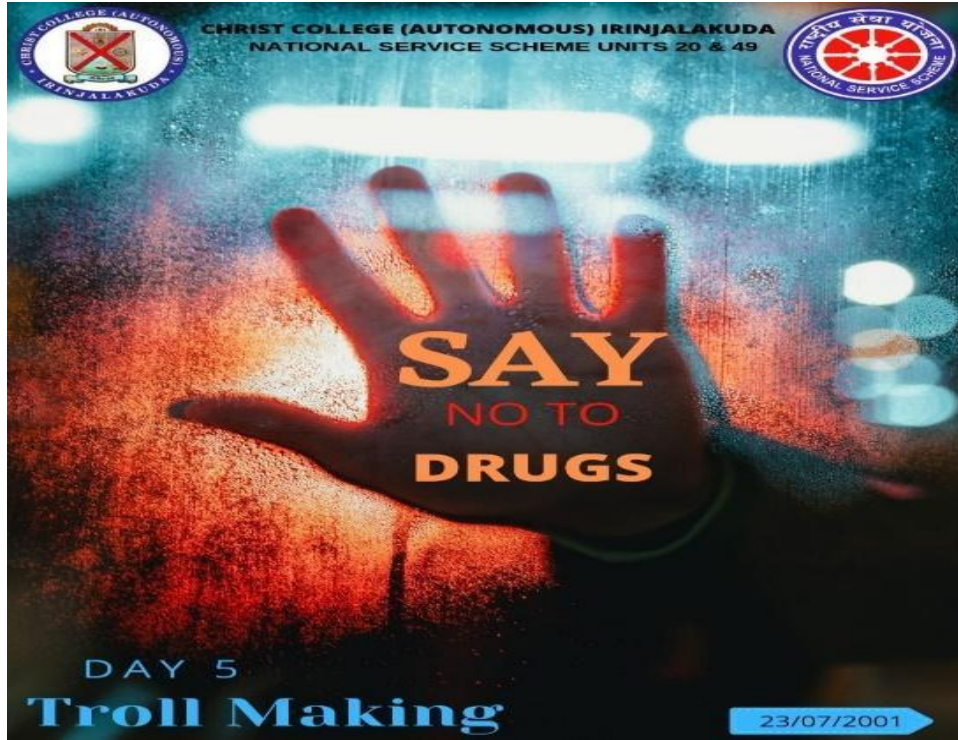


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23/07/2021

As a part of 2-week awareness program conducted by our NSS unit. We have decided to conduct troll making competition on our third day. It was an individual work for all groups. There were a set of instructions for the work to be done. All the volunteers in the group were supposed to participate in the work.





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24/07/2021

As a part of two-week awareness program named 'say no to drugs' we conducted a cartoon/drawing work. We included dialogues in our mother tongue suitable for the theme in this work in order to make people think about avoiding the usage of drugs all the volunteers work enthusiastically to make this work a big success.





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25/07/2021

As a part of 2-week awareness program conducted by our NSS unit. We have decided to conduct an 'act as drug' competition on fifth day. It was an individual work for all groups. There were a set of instructions for the work to be done. All the volunteers in the group were supposed to participate in the work. And volunteers made it successful





26/07/2021

On the 8th day of the two-week awareness campaign on 'Say no to drugs' conducted under the leadership of Anti-drug cell of NSS units 20 and 49 of Christ College Irinjalakuda, volunteers were asked to make creative awareness videos against drugs. It was a group work. This activity helped the volunteers to raise awareness among themselves and also among a far-reaching audience. It also helped in connecting the team inmates and rebuilding the bond. All the volunteers assured their active participation in this activity of the campaign which was admirably organized by the NSS programme officers, leaders and members of anti-drug cell.





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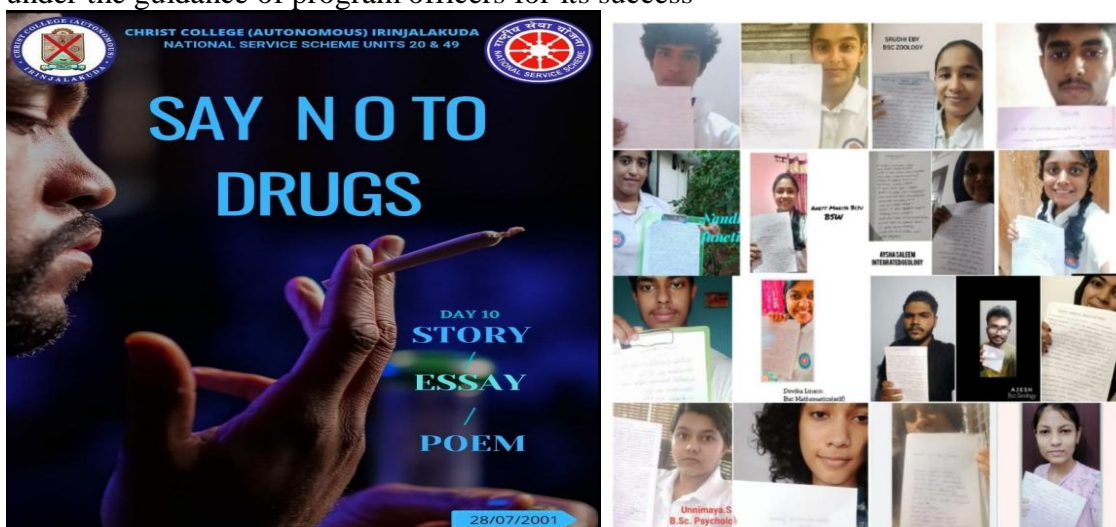
27/07/2021

As a part of 2-week awareness program conducted by our NSS units of Christ College autonomous Irinjalakuda have decided to conduct parody song making competition on our seventh day. It was a group work. There were a set of instructions for the work to be done. All the volunteers in the group were supposed to participate in the work. It was volunteers who made this work successfully.



28/07/2021

As a part of two-week awareness program- 'SAY NO TO DRUGS' the National Service Scheme Units of Christ college autonomous Irinjalakuda has conducted a story/essay/poem writing program on the tenth day. It was an individual work. For this work the volunteers wrote their works. We selected Malayalam, our mother tongue as the medium of writing. So that we can make more people aware about the drug issues. All volunteers work together under the guidance of program officers for its success





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29/07/2021

As part of 2-week awareness program conducted by our NSS unit, we have decided to conduct a 'one minute talk' on our eleventh day. It was an individual work for all the groups. There were a set of instructions for the work to be done. All the volunteers in the group were supposed to participate in the work. It was volunteers who made this work successful.

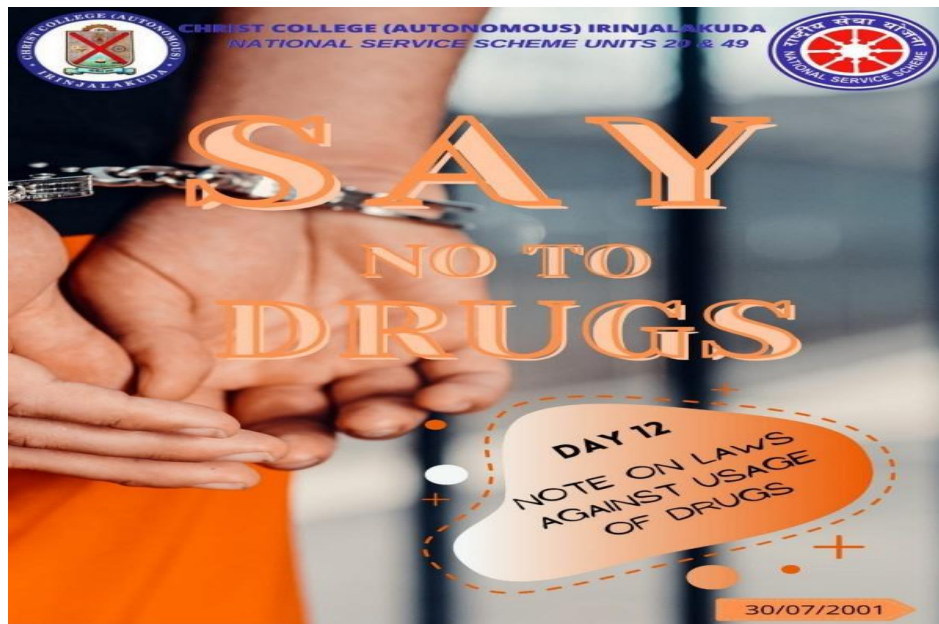




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30/07/2021

On the 12th day of two-week awareness campaign on 'Say no to drugs' conducted under the leadership of Anti-drug cell of NSS units 20 and 49 of Christ College Irinjalakuda, volunteers conducted a study on laws against usage of drugs and notes were made. This individual work helped the volunteers to raise their awareness regarding the existing laws in connection with drug abuse. All the volunteers assured their active participation in this activity of the campaign which was admirably organized by the NSS programme officers, leaders and members of anti-drug cell.





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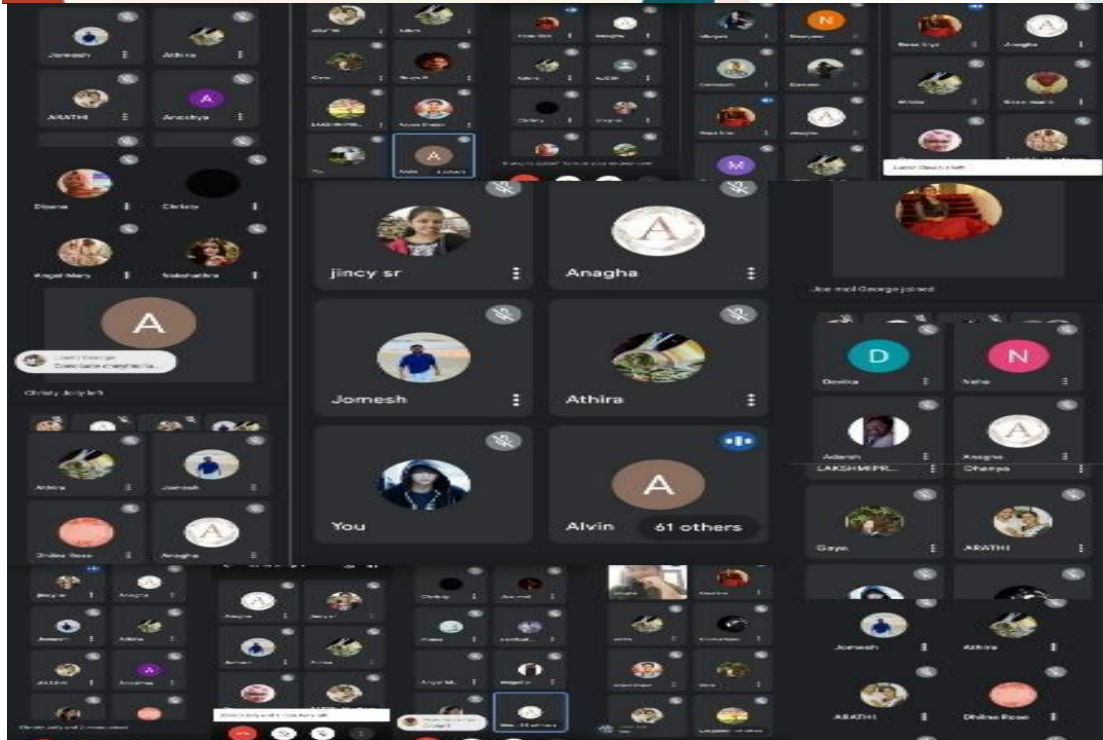
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31/07/2021

As part of Anti-Drug Day campaign ‘SAY NO TO DRUGS’ National Service Scheme units of Christ College Autonomous Irinjalakuda had conducted a debate on the topic: Cause for drug addiction: Is individual or society? . Five members from each group had been participated in the debate. The session was organized by the volunteers. It has become an informative session in which the volunteers became more aware about the drug abuse in the society. After the debate program officers addressed the volunteers about more drug abuse issues.

നിർദ്ദേശങ്ങൾ

- ഒരു സംവാദത്തിൽ അന്യക്ഷമിക്കുന്ന ഗ്രൂപ്പും പ്രതിക്ഷമിക്കുന്ന ഗ്രൂപ്പും ഉണ്ടായിരിക്കട്ടെ. ആയതിനാൽ അന്യക്ഷമിക്കുന്ന ഗ്രൂപ്പ് എന്ത് , പ്രതിക്ഷമിക്കുന്ന ഗ്രൂപ്പ് എന്ത് എന്നത് ഡിബേറ്റ് തുടങ്ങുന്നതിന് മുമ്പായി പറയുന്നതാണ്.
- ഒരു ഗ്രൂപ്പിനെ പ്രതിനിധീകരിച്ച് സംസാരിക്കേണ്ടത് അഞ്ച് പേരാണ്
- ഭാഷ സംസാരശൈലി എന്നിവ ഉത്തമമായ രീതിയിൽ ഉപയോഗിച്ച് സംസാരിക്കുക. ഈ നിയമം തെറ്റിക്കുന്ന വ്യക്തി എന്ത് ഗ്രൂപ്പിലായാണോ ആ ഗ്രൂപ്പിന് സെന്ററിപ് points ലഭിക്കുന്നതായിരിക്കും.
- ഒരു പ്രശ്നം വ്യക്തിയെയും സാഹചര്യത്തെയും ഒരു രാഷ്ട്രീയ പാർട്ടിയെയും മുൻനിർത്തി സംസാരിക്കരുത്.
- തയ്യാറായപ്പോൾ നന്നായി വായിച്ച് മനസ്സിലാക്കുക. ടോപ്പിക്സിന് അനുയോജ്യമായ രീതിയിൽ മാത്രം സംസാരിക്കുക.
- പോയിന്റ് ക്രമീകരണം ഗ്രൂപ്പുകളുടെ അടിസ്ഥാനത്തിൽ ആയതുമാത്രം. വ്യക്തിപരമായി ആർക്കും പോയിന്റ് ലഭിക്കുന്നതല്ല എന്നാൽ സ്വന്തം കഴിവുകൾ ഉപയോഗിച്ച് ഗ്രൂപ്പിനെ ഉയർത്തുവാൻ ശ്രമിക്കണം.
- ഒരു ഗ്രൂപ്പിൽ നിന്ന് ഒരു വ്യക്തിക്ക് ഒരു പ്രാവശ്യം മാത്രമേ ആശയങ്ങൾ ഉന്നയിക്കുവാനുള്ള അവസരം തരുകയുള്ളൂ.
- പരസ്പര ബഹുമാനത്തോടെ ഒരു വ്യക്തി ഉന്നയിക്കുന്ന ആശയത്തെ മനസ്സിലാക്കുകയും അതിനുശേഷം ആ വിഷയത്തെ അന്യക്ഷമിക്കുകയോ പ്രതിക്ഷമിക്കുകയോ ചെയ്യുക.
- സംവാദത്തിൽ മികച്ച ആശയം കൊണ്ടു വരുന്ന വ്യക്തി എന്ത് ഗ്രൂപ്പിൽ നിന്നാണോ ആ ഗ്രൂപ്പിന് ബോണസ് പോയിന്റ് ലഭിക്കുന്നതായിരിക്കും.





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01/08/2021

On the 14th day of two-week awareness programme conducted under the leadership of National Service Scheme units 20 & 49 of Christ College Irinjalakuda, volunteers made videos holding candles and telling certain slogans with an objective of creating awareness against drug abuse. It was a group work. The active participation of all groups was ensured. The activity was successfully organized under the leadership of programme officers, leaders and the members of Anti-drug cell.





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