



AQAR 2021-22
3.6.3 & 3.6.4 Extension activities

Programme No: 38

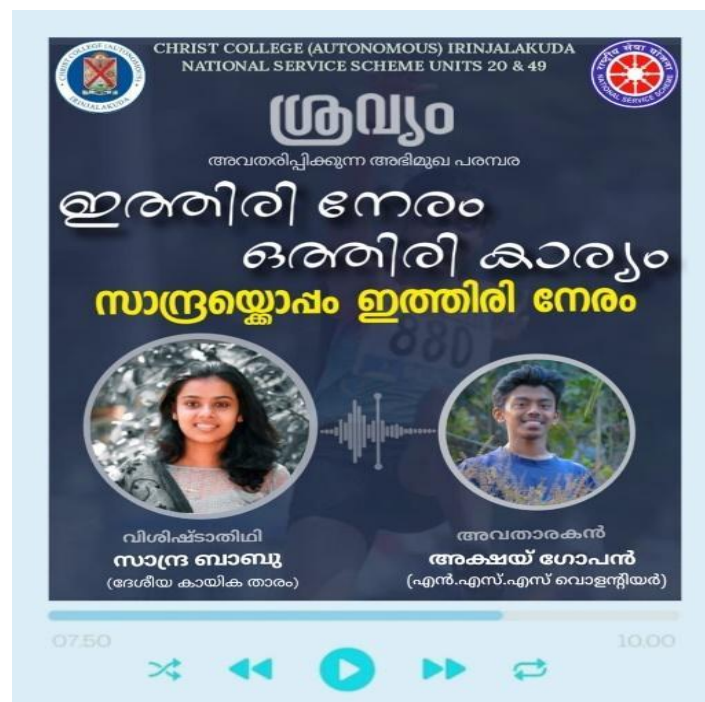
Programme Title : Ithiri Neram Othiri Karyam"- 2nd episode

Conducted by- NSS

Participation -16

Date:10/10/2021

On October 10, 2021, Sravyam, the podcast by National Service Scheme Units 20 & 49 of Christ College (Autonomous), Irinjalakuda, had aired the 2nd episode of their program " Ithiri Neram Othiri Karyam" which was chaired by the very promising Sandra Baby. She had won a gold and a silver medal under the last under 23 national athletic championship for triple jump and long jump, respectively. She is a second-year English literature student at the same college. She said her inspiration was her mother and started taking sports seriously from 8th std onwards. She shared her experiences with a positive impression. The interview was commenced by an NSS volunteer, Akshay Gopan. The interview was motivational and inspirational with her indomitable attitude. It was a success with the active coordination of the NSS volunteers, leaders and program officers.





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