20U565

(Pages: 2)

Name:

Reg.No: .....

## FIFTH SEMESTER B.Sc. DEGREE EXAMINATION, NOVEMBER 2022

(CBCSS - UG)

(Regular/Supplementary/Improvement)

## CC19U PSY5 B04 - PSYCHOLOGICAL COUNSELLING

(Psychology - Core Course)

(2019 Admission onwards)

Time : 2.00 Hours

Maximum : 60 Marks

Credit : 3

## **Part A** (Short answer questions) Answer *all* question. Each question carries 2 marks.

- 1. Charecteristics of counselor.
- 2. Problem management frame work.
- 3. Regression.
- 4. Positive reinforcement.
- 5. Greetings and topics of counseling skills.
- 6. Listening techniques.
- 7. Empathetic responding.
- 8. Four stages of problem solving.
- 9. Advanced empathy.
- 10. Open ended questions.
- 11. Stages of terminally ill patients counseling.
- 12. Objective of HIV counseling.

(Ceiling: 20 Marks)

Part B (Short essay questions - Paragraph)

Answer *all* question. Each question carries 5 marks.

- 13. Condition facilitating effective counseling.
- 14. Three stages of egan's model.
- 15. Explain about eclectic counseling.
- 16. Short note on reflecting, probing and summarizing.

- 17. Explain types of group.
- 18. Values of counseling.
- 19. Professional code of ethics in counseling.

(Ceiling: 30 Marks)

Part C (Essay questions)

Answer any *one* question. The question carries 10 marks.

- 20. Define counseling and explain about goals and scope of counseling.
- 21. Briefly expalin about the approaches to counseling.

 $(1 \times 10 = 10 \text{ Marks})$ 

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